

1 **A point mutation in the nucleotide exchange factor eIF2B constitutively activates**
2 **the integrated stress response by allosteric modulation**

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4 Morgane Boone^{1,2#}, Lan Wang^{1,2,#}, Rosalie E Lawrence^{1,2}, Adam Frost^{2,3}, Peter
5 Walter^{1,2,*}, Michael Schoof^{1,2*}

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7 **Affiliations**

8 ¹Howard Hughes Medical Institute, University of California at San Francisco, San
9 Francisco, CA, USA.

10 ²Department of Biochemistry and Biophysics, University of California at San Francisco,
11 San Francisco, CA, USA.

12 ³Chan Zuckerberg Biohub, San Francisco, CA, USA.

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16 # These authors contributed equally

17 * To whom correspondence should be addressed; Email: Peter@walterlab.ucsf.edu,

18 michael@walterlab.ucsf.edu

19 **Abstract**

20 In eukaryotic cells, stressors reprogram the cellular proteome by activating the
21 integrated stress response (ISR). In its canonical form, stress-sensing kinases
22 phosphorylate the eukaryotic translation initiation factor eIF2 (eIF2-P), which ultimately
23 leads to reduced levels of ternary complex required for initiation of mRNA translation.
24 Previously we showed that translational control is primarily exerted through a
25 conformational switch in eIF2's nucleotide exchange factor, eIF2B, which shifts from its
26 active A-State conformation to its inhibited I-State conformation upon eIF2-P binding,
27 resulting in reduced nucleotide exchange on eIF2 (Schoof et al. 2021). Here, we show
28 functionally and structurally how a single histidine to aspartate point mutation in eIF2B's
29 β subunit (H160D) mimics the effects of eIF2-P binding by promoting an I-State like
30 conformation, resulting in eIF2-P independent activation of the ISR. These findings
31 corroborate our previously proposed A/I-State model of allosteric ISR regulation.

32 Introduction

33

34 Coping with cellular stressors, manifesting as either intrinsic cues or environmental
35 insults, is key to preserving cellular and organismal health. One strategy is to activate
36 the integrated stress response (ISR), a conserved eukaryotic signaling network that
37 reprograms translation towards damage mitigation and recovery, or apoptosis when
38 stress is irremediable (Costa-Mattioli and Walter 2020). The ISR integrates diverse
39 stresses through at least four stress-sensing kinases – PERK, HRI, GCN2, PKR, and
40 perhaps MARK2, via phosphorylation of a single serine, S51 of the α subunit of the
41 translation initiation factor eIF2 (Hinnebusch 2005; Guo et al. 2020; Dey et al. 2005; Shi
42 et al. 1998; Lu et al. 2021). eIF2 is a central player in translation initiation, mediating
43 start codon recognition on the mRNA and delivery of the initiator methionine tRNA.
44 Phosphorylation of eIF2 disrupts this process and leads to a precipitous drop in global
45 protein synthesis. Conversely, the translation of a subset of stress-responsive mRNAs,
46 such as *ATF4*, generally repressed by the presence of 5' UTR upstream open reading
47 frames (uORFs), is induced (Harding et al. 2000). The alternative translation program
48 that is thus set in motion drives the cell's return to homeostasis. While the ISR is
49 inherently cytoprotective, its dysregulation has been documented in multiple disease
50 states. Specifically, the ISR has been linked to neurodegenerative diseases (Ma et al.
51 2013), brain-injury induced dementia (Chou et al. 2017; Sen et al. 2017), aging
52 (Krukowski et al. 2020), diabetes (Abdulkarim et al. 2015; Harding et al. 2001), and
53 cancer (Nguyen et al. 2018; Koromilas et al. 1992).

54

55 Mechanistically, it is the level of ternary complex (TC) that determines the regulation of
56 translation initiation by the ISR. The TC consists of eIF2 (heterotrimer composed of an α ,
57 β , and γ subunit, containing a GTPase domain in its γ subunit), the initiator tRNA loaded
58 with methionine (Met-tRNAⁱ), and GTP (Algire, Maag, and Lorsch 2005). Once the TC
59 associates with the 40S ribosomal subunit, additional initiation factors, and the 5'
60 methylguanine cap of the mRNA, the pre-initiation complex scans the mRNA for a start
61 codon. Recognition of the start codon leads to GTP hydrolysis and triggers the release
62 of eIF2 now bound to GDP (as reviewed in (Hinnebusch, Ivanov, and Sonenberg 2016)).
63 The large ribosomal subunit joins and the assembled 80S ribosome proceeds with
64 elongation of the polypeptide chain. Crucially, for every round of cap-dependent
65 translation initiation, eIF2 requires GDP-to-GTP exchange, catalyzed by its dedicated

66 guanine nucleotide exchange factor (GEF), eIF2B. Failure to complete this step impacts
67 the cellular concentration of the TC, which impairs the translation of most mRNAs. At the
68 same time, lower TC concentrations can induce the translation of specific stress-
69 responsive ORFs, some of which are regulated by uORFs (Harding et al. 2000; Lu,
70 Harding, and Ron 2004; Vattem and Wek 2004). Thus, the ISR regulates translation by
71 tuning the available pool of TC.

72

73 Given its central role in controlling TC levels and mRNA translation, many eIF2B
74 mutations result in an aberrant ISR and severe disease, such as Vanishing White Matter
75 Disease (VWMD) (Leegwater et al. 2001; van der Knaap et al. 2002). Molecularly, eIF2B
76 is a large, heterodecameric complex composed of two copies each of an α , β , γ , δ , and ϵ
77 subunit (Kashiwagi et al. 2016; Tsai et al. 2018; Zyryanova et al. 2018; Wortham et al.
78 2014; Gordiyenko et al. 2014). It has long been established that phosphorylation of eIF2
79 (eIF2-P) converts eIF2 from an eIF2B substrate to an eIF2B inhibitor, leading to a
80 reduction in GEF activity and ISR activation (Siekierka, Mauser, and Ochoa 1982; Matts,
81 Levin, and London 1983; Konieczny and Safer 1983; Salimans et al. 1984; Rowlands,
82 Panniers, and Henshaw 1988). Earlier atomic-resolution snapshots of the eIF2-bound
83 and eIF2-P-bound human eIF2B complexes suggested steric hindrance to be the
84 predominant mechanism for inhibition, given the proposed overlap of binding sites
85 (Kenner et al. 2019; Kashiwagi et al. 2019; Adomavicius et al. 2019; Gordiyenko, Ll acer,
86 and Ramakrishnan 2019; Bogorad, Lin, and Marintchev 2017). However, we and others
87 recently discovered that binding of the inhibitor eIF2-P to a distinct binding site —
88 located on the face of the eIF2B complex opposite of the substrate-binding site —
89 allosterically switches eIF2B from its active ‘A-State’ (which can readily engage eIF2 and
90 catalyze nucleotide exchange) to an inhibited ‘I-State’ (Schoof et al. 2021; Zyryanova et
91 al. 2021).

92

93 The multi-subunit composition of eIF2B also lends itself to regulation at the level of
94 complex assembly. The decameric holoenzyme is built from two eIF2B $\beta\gamma\delta\epsilon$ tetramers
95 and one eIF2B α_2 dimer (Tsai et al. 2018). The eIF2B ϵ subunit harbors the enzyme’s
96 catalytic center but only contains a small part of the binding surface of eIF2. Two of four
97 interfaces between eIF2 and eIF2B (IF1 and IF2) reside in eIF2B ϵ . Thus, poor substrate-
98 binding severely limits eIF2B ϵ ’s catalytic activity. The substrate-binding surface is
99 increased upon addition of more subunits (a third interface, IF3 in eIF2B β). Yet, even

100 when embedded in the eIF2B $\beta\gamma\delta\epsilon$ tetramer subcomplex, the specific enzyme activity
101 (k_{cat}/K_M) of eIF2B ϵ is ~100-fold lower compared to the fully assembled eIF2B($\alpha\beta\gamma\delta\epsilon$)₂
102 decamer (tetramer $k_{cat}/K_M = 0.07 \text{ min}^{-1}\mu\text{M}^{-1}$, decamer $k_{cat}/K_M = 7.24 \text{ min}^{-1}\mu\text{M}^{-1}$), in which
103 the substrate-interacting surface is further extended by bridging the two-fold symmetric
104 interface formed between the two tetrameric subcomplexes (a fourth interface, IF4 in
105 eIF2B δ') (Schoof et al. 2021; Kenner et al. 2019; Kashiwagi et al. 2019).

106

107 eIF2B activity, assembly-state, and conformation are all modulated by the ISR inhibitor,
108 ISRIB. This small molecule binds in a deep groove spanning across the symmetry
109 interface of the two eIF2B tetramers and enhances its GEF activity (Sekine et al. 2015;
110 Sidrauski et al. 2013; Sidrauski et al. 2015; Tsai et al. 2018; Zyryanova et al. 2018).
111 ISRIB exerts these effects by acting on both eIF2B assembly and conformation (Schoof
112 et al. 2021). When eIF2B α_2 levels are low, pharmacological dimerization of tetrameric
113 subcomplexes by ISRIB rescues eIF2B function (Schoof et al. 2021). When eIF2B α_2
114 levels are saturating and eIF2B decamers are therefore fully assembled, ISRIB binding
115 stabilizes eIF2B in the active 'A-State', reducing its affinity for the inhibitor eIF2-P
116 (Schoof et al. 2021; Zyryanova et al. 2021).

117

118 Given these insights, we here revisit previous observations concerning a histidine to
119 aspartate point mutation in eIF2B β (β H160D) that straddles the junction of the β - β' and β -
120 δ' interface (the ' notation indicates that the subunit resides in the adjoining, second
121 tetramer in eIF2B) (Tsai et al. 2018). We formerly observed that this missense mutation
122 blocked ISRIB-driven assembly of eIF2B tetramers into octamers *in vitro*, underlining the
123 importance of the H160 residue in stabilizing the octamer (Tsai et al. 2018). However,
124 whether the change to aspartic acid, predicted to be repulsed by the apposed D450 in δ' ,
125 precluded decameric assembly or activated the ISR, remained unknown. Here, we show
126 that the β H160D mutation does not affect decameric holoenzyme formation when all
127 subunits are present. However, this mutation stabilizes eIF2B in an inactive
128 conformation reminiscent of the inhibited 'I-State', normally promoted by eIF2-P binding.
129 Concomitantly, cells with this mutation constitutively activate the ISR, even in absence of
130 stress and eIF2-P. These results validate the A/I-State model of eIF2B and ISR
131 regulation by showing that a conformational change in eIF2B is sufficient to impair its
132 enzymatic function and activate the ISR.

133 **Results**

134

135 **The eIF2B β H160D mutation does not block decamer assembly *in vitro***

136 To dissect the regulation of eIF2B assembly and activity, we purified human eIF2B $\beta\delta\gamma\epsilon$
137 tetramers both with and without the β H160D mutation (Figure 1 – figure supplement 1).
138 We first performed sedimentation velocity experiments to assess the assembly state of
139 eIF2B. Consistent with our previous observations (Tsai et al. 2018), WT eIF2B tetramers
140 readily assembled into octamers in the presence of ISRIB, whereas β H160D tetramers
141 did not (Figure 1A-B). In contrast, we found that assembly into the fully decameric
142 holoenzyme by addition of the eIF2B α_2 dimer was not compromised (Figure 1C-D).

143

144 To confirm that the β H160D mutation does not impair decamer assembly, we utilized an
145 orthogonal, previously established Förster resonance energy transfer (FRET) assay to
146 assess eIF2B's assembly state (Schoof et al. 2021). In this system, the C-terminus of
147 eIF2B β is tagged with mNeonGreen as the FRET donor and the C-terminus of eIF2B δ
148 with mScarlet-i as the FRET acceptor. Both WT and β H160D tetramers were purified
149 with these fluorescent tags (and hereafter are denoted eIF2B $\beta\delta\gamma\epsilon$ -F). A titration of ISRIB
150 readily assembled WT eIF2B $\beta\delta\gamma\epsilon$ -F tetramers into octamers ($EC_{50} = 170 \pm 25$ nM) but
151 did not promote β H160D eIF2B $\beta\delta\gamma\epsilon$ -F assembly into octamers, even at the highest
152 concentrations tested (Figure 1E). By contrast and in agreement with the analytical
153 ultracentrifugation data in Figure 1A-D, titration of eIF2B α_2 assembled both WT ($EC_{50} =$
154 29 ± 3 nM) and β H160D ($EC_{50} = 33 \pm 3$ nM) eIF2B $\beta\delta\gamma\epsilon$ -F tetramers into decamers with
155 comparable efficiency (Figure 1F).

156

157 **The eIF2B β H160D decamer is impaired in GEF activity**

158 These properties are reminiscent of eIF2B's behavior in the presence of its inhibitor
159 eIF2-P. In the inhibited decameric conformation (I-State) induced by eIF2-P binding,
160 ISRIB binding to eIF2B is impaired (Schoof et al. 2021; Zyryanova et al. 2021). We next
161 asked whether the β H160D mutation impacts eIF2B's enzymatic activity. To this end, we
162 monitored eIF2B's GEF activity using a BODIPY-FL-GDP nucleotide exchange assay.
163 Both WT and β H160D tetramers exhibited comparably low enzymatic activity. The
164 activity was robustly enhanced in WT octamers assembled from tetramers with ISRIB
165 but, as expected, ISRIB had no impact on β H160D tetramer activity (Figure 2A).
166 Intriguingly, β H160D decamers were less active than WT decamers ($t_{1/2} = 23.6 \pm 0.8$

167 min vs. 9.3 ± 1.0 min, respectively) (Figure 2B). To understand how the β H160D
168 mutation impaired eIF2B's GEF activity, we next performed nucleotide exchange assays
169 of WT and β H160D decamer activity at varying eIF2 concentrations. We measured the
170 initial velocity of these reactions and fit the data to the Michaelis-Menten model of
171 enzyme kinetics to determine the V_{\max} and the K_M of the nucleotide loading reaction
172 (Figure 2C, Figure 2 – figure supplement 1). The V_{\max} (and consequently also the k_{cat})
173 was significantly diminished by ~three-fold for β H160D decamers when compared to WT
174 decamers (WT $V_{\max} = 1.86 \pm 0.13$ pmol / min; β H160D $V_{\max} = 0.66 \pm 0.03$ pmol / min,
175 two-sided t-test $p = 0.0045$) suggesting that the β H160D mutation limits the intrinsic
176 enzymatic activity of eIF2B (Figure 2D). In contrast, we could not detect a significant
177 difference in measured K_M (WT $K_M = 0.36 \pm 0.06$ μ M, β H160D $K_M = 0.19 \pm 0.04$ μ M, two-
178 sided t-test $p = 0.07$).

179

180 **Impaired substrate binding in decameric eIF2B results from the β H160D mutation**

181 The absence of a clear difference in K_M was puzzling, as we suspected the β H160D
182 decamer to adopt an inhibited conformation reminiscent of the I-State, where both
183 intrinsic enzymatic activity and binding of eIF2 are compromised (Schoof et al. 2021).
184 We therefore directly assessed binding affinities of eIF2B's substrate (eIF2) and inhibitor
185 (eIF2-P), using surface plasmon resonance (SPR) to measure binding to WT decamers,
186 β H160D decamers, and WT tetramers. eIF2 association with WT and β H160D decamers
187 was monophasic, but dissociation was notably biphasic irrespective of eIF2
188 concentration, with a fast phase and a slow phase (Figure 3A-B). Although the rate
189 constants k_a , $k_{d\ fast}$, and $k_{d\ slow}$ were broadly comparable, eIF2 binding to WT vs. β H160D
190 decamers differed in the percentage of fast phase dissociation events (WT = 29%;
191 β H160D = 67%) (Figure 3A-B, Table 1). Thus, a larger fraction of substrate molecules
192 dissociates rapidly from β H160D compared to WT decamers. Since the K_M is only equal
193 to the K_D when the dissociation rate constant k_d is much larger than the k_{cat} , this
194 measurement can resolve the paradox of a similar K_M but different dissociation behavior.

195

196 In contrast to eIF2's interaction with decameric eIF2B, binding to WT tetramers could be
197 modeled using one phase association and dissociation. Indeed, eIF2 dissociation from
198 tetrameric eIF2B can be thought of as being 100% fast phase as the dissociation
199 constant was indistinguishable from the fast phase dissociation constant for both WT
200 and β H160D ($k_d = 0.12$ s⁻¹) (Figure 3C). The fraction of eIF2 molecules that dissociate

201 from decamers with fast phase kinetics may therefore only be engaging eIF2B through
202 interfaces 1-3 (interfaces 1 and 2 in eIF2B ϵ and interface 3 in eIF2B β). In contrast, the
203 eIF2 molecules that dissociate with slow phase kinetics may additionally contact
204 interface 4 in eIF2B δ' , reaching across the central symmetry interface (Schoof et al.
205 2021). This explanation would be consistent with identical dissociation constants for
206 tetramer dissociation and fast phase dissociation from the decamers. For eIF2-binding,
207 the β H160D decamers can therefore be thought of as more like isolated tetramers. That
208 is, eIF2 readily associates but then is likely to dissociate too rapidly for efficient catalysis.

209

210 We further interrogated the biphasic dissociation behavior of eIF2 from WT and β H160D
211 decamers by varying the time allowed for eIF2 binding to eIF2B (Figure 3 – figure
212 supplement 1A-B). For both WT and β H160D we observed an exponential decrease in
213 the percentage of fast phase dissociation, which within two minutes plateaued at ~11%
214 fast phase dissociation for eIF2 binding to WT and at ~55% fast phase dissociation for
215 eIF2 binding to β H160D decamers (Figure 3G). These data argue that at equilibrium the
216 fast phase dissociation plays a small part in the engagement between eIF2 and WT
217 eIF2B but plays a significant part in substrate engagement with β H160D decamers. This
218 kinetic behavior can be explained by a model proposing stepwise engagement between
219 eIF2 and eIF2B in a process that first entails engagement of 3 interaction interfaces (IF1-
220 3), followed by a second, slower step that engages the fourth interaction interface (IF4;
221 Figure 3H-I). In this model, the β H160D mutation does not affect the on/off rates of eIF2
222 engagement with eIF2B through interfaces 1-3, but slows the on-rate (k_2 in Figure 3H-I)
223 of converting from 3 interface engagement to 4 interface engagement. Such a
224 mechanism can explain the accumulation of the “intermediate” fast phase dissociation
225 species.

226

227 We next assessed eIF2-P binding to the immobilized eIF2B species. For both WT and
228 β H160D decamer binding, this interaction could be modeled using one-phase
229 association and dissociation kinetics. The overall affinity of eIF2-P for both species was
230 largely comparable (WT $K_D = 14$ nM; β H160D $K_D = 8.1$ nM) (Figure 3D-E). As expected
231 owing to the absence of the dimeric eIF2B α subunit, which constitutes part of the eIF2-P
232 binding site, we observed no noticeable eIF2-P binding to WT tetramers (Figure 3F).

233

234 From these results, we conclude that the β H160D decamer shares a number of
235 properties with the eIF2-P-bound decamer: 1) reduced intrinsic GEF activity, 2) impaired
236 substrate binding, and 3) insensitivity to ISRIB. Owing to these similarities, we wondered
237 whether the β H160D mutation mimics eIF2-P binding and shifts eIF2B into an I-State or
238 'I-State like' conformation. To assess this notion, we determined the structure of the
239 β H160D eIF2B decamer using single-particle cryo-EM.

240

241 **The β H160D mutation shifts eIF2B into an inhibited conformation**

242 We prepared the β H160D decamer by combining β H160D tetramers and eIF2B α_2 , and
243 subjected the sample to cryo-EM imaging. After 2D and 3D classification, we generated
244 a single consensus structure of the β H160D decamer at 2.8 Å resolution (Table 2, Figure
245 4 - figure supplement 1) with most side chains clearly resolved (Figure 4A, Figure 4 –
246 figure supplement 1E-F). This map allowed us to build an atomic model of how the
247 β H160D substitution alters the conformation of the eIF2B decamer. By superimposing
248 the β H160D decamer structure and our previously published A-State structure (eIF2B-
249 eIF2 complex, PDB ID: 6O81), we observed a significant difference in their overall
250 architecture: the two tetramer halves of the β H160D decamer underwent a rocking
251 motion that changed the angle between them by approximately 3.5° (Figure 4B). This
252 rocking motion repositions the two tetramer halves in an orientation comparable to the I-
253 State structure (eIF2B-eIF2 α P complex, PDB ID: 6O9Z), although not reaching the 6°
254 angle observed for the eIF2-P-inhibited decamer (Figure 4 – figure supplement 2). To
255 further understand how the β H160D mutation affects the conformation and dynamics of
256 the decamer, we performed additional cryo-EM analysis of both the WT and the β H160D
257 decamer particles (Figure 4 – figure supplement 3-5). We found the following: 1) in both
258 the WT and the mutant, the two tetrameric halves can undergo rocking motions around
259 the central axis; 2) the β H160D mutation shifts the mean conformation of the decamer
260 towards the I-State; and 3) the β H160D dataset likely represents particles that follow a
261 continuous conformation distribution, rather than a mixture of distinct A and I-State
262 populations. These observations validate our hypothesis that the β H160D mutation shifts
263 eIF2B from the active conformation towards an inhibited conformation.

264

265 We next examined changes to the ISRIB-binding pocket. Comparing the β H160D
266 decamer to A-State (eIF2-bound eIF2B) and I-State (eIF2 α -P-bound eIF2B) structures,
267 we noticed that its ISRIB binding pocket was 3.3 Å wider in its long dimension than that

268 of the A-State (Figure 5A), again reminiscent of the I-State (Figure 5C). The widening of
269 the binding pocket can explain why ISRIB fails to assemble β H160D tetramers into
270 octamers or affect GEF activity.

271

272 Zooming in on the tetramer-tetramer interface, we examined the interactions in the WT
273 eIF2B A-State decamer that stabilize the dimerization interface (Figure 5B). In the WT
274 decamer, β H160 forms a π - π stacking interaction with δ 'F452, which is lost in the
275 β H160D eIF2B decamer and leads to the retraction of the short loop bearing this residue
276 (Figure 5B and Figure 5 – figure supplement 1). Other interactions in WT decamer
277 include an ionic interaction between β 'R228 and δ 'D450, as well as a cation- π interaction
278 between β 'R228 and δ 'F452. In the β H160D decamer, β 'R228 repositions itself within the
279 network of three negative charges (β E163, β D160 and δ 'D450) and one aromatic amino
280 acid (δ 'F452) to reach a new stable state locally. The loop movement caused by the
281 mutation propagates across the entire tetramer, resulting in the rocking motion observed
282 in Figure 4B. This explains how the β H160D amino acid change in eIF2B remodels the
283 dimerization interface to widen the ISRIB binding pocket and induce an I-State like
284 conformation.

285

286 To further examine the long-range effect of this interface mutation, we looked at the
287 critical interfaces for substrate (eIF2) binding provided by eIF2B β and eIF2B δ . An
288 overlay of the β H160D decamer structure with the eIF2B-eIF2 complex structure
289 revealed that the substrate eIF2 α binding pocket was widened by 2.9 Å (Figure 5F). As
290 established before (Schoof et al. 2021), a similar pocket widening is observed in the I-
291 State structure of eIF2B (2.6 Å induced by eIF2 α -P binding). This widening is predicted
292 to prevent eIF2 from properly engaging the fourth binding site on eIF2B δ ' and hence
293 turns the decameric eIF2B into conjoined tetramers such that only three of the four eIF2-
294 eIF2B binding interfaces remain readily accessible to eIF2 binding. Our structural
295 observations, therefore, explain the decrease in eIF2 binding and reduction in GEF
296 activity of the β H160D decamer. The remaining portion of slow phase dissociation of
297 eIF2 from β H160D decamers, though, indicates that engagement with all 4 interfaces,
298 while disfavored, is not impossible as is the case with the pure tetrameric species). By
299 contrast, the inhibitor (eIF2 α -P) binding site (Figure 5G) was not changed significantly
300 compared to the eIF2B-eIF2 α -P complex structure. This observation is consistent with
301 the similar binding affinities measured for eIF2-P towards the β H160D decamer and the

302 WT decamer. We conclude that the β H160D mutation shifts the eIF2B decamer into a
303 conformation closely resembling the I-State.

304

305 **eIF2B β H160D mutation leads to stress-independent ISR activation**

306 Given that the eIF2B β H160D mutation biases eIF2B's conformation towards an I-State
307 like conformation, reducing its GEF activity, we predicted that expression of eIF2B
308 β H160D in cells would lead to constitutive ISR activation. To test this notion, we
309 introduced the β H160D mutation into the genome of HEK293FTR cells by editing the
310 endogenous eIF2B β gene (*EIF2B2*) (Figure 6 – figure supplement 1A). Using
311 CRISPR/Cas9 technology, we obtained two such lines. One cell line yielded a
312 homozygous clone in which all alleles were edited (line β H160D #1) (Figure 6 – figure
313 supplement 1B-C). The other was a heterozygous clone containing one edited allele
314 while the remaining alleles were knocked out through CRISPR/Cas9-induced frameshift
315 mutations (line β H160D #2). Critically, both β H160D cell lines showed eIF2B β and
316 eIF2B ϵ protein levels comparable to the unedited parental cells, demonstrating that the
317 mutation does not destabilize eIF2B β or other complex members and that compensatory
318 mechanisms must normalize the gene dosage imbalance in clone #2 (Figure 6A)
319 (Wortham et al. 2016). We observed constitutive, low-level activation of the ISR in both
320 clones, exemplified by elevated levels of ATF4 protein in the absence of stress (Figure
321 6A, lanes 5 and 9 vs lane 1). ATF4 induction was still responsive to induced stress with
322 thapsigargin (lanes 7 and 11) but could not be alleviated by ISRIB treatment in the
323 β H160D lines, both in the absence or presence of stressor (Figure 6A). ATF4 is
324 translationally upregulated during the ISR and, accordingly, ATF4 mRNA levels
325 remained unchanged between WT and the two β H160D clones (Figure 6B). However, as
326 expected, key ATF4 transcriptional targets (such as *DDIT3*, *ASNS*, and *CARS*) were
327 upregulated in β H160D cells, confirming that increased ATF4 mRNA translation leads to
328 production of active ATF4, which in turn activates transcription of its downstream stress-
329 responsive genes (Figure 6B).

330

331 The second hallmark of an active ISR is the general inhibition of translation initiation
332 and, hence, a reduction in protein synthesis. To monitor protein synthesis, we treated
333 WT and β H160D cells with puromycin and assessed puromycin incorporation in nascent
334 polypeptide chains by immunoblotting. Both β H160D cell lines displayed significantly
335 reduced levels of basal protein synthesis (β H160D #1 cells: $47 \pm 9.0\%$; β H160D #2 cells:

336 69% \pm 7.3%, both compared to WT), again consistent with constitutive activation of the
337 ISR (Figure 6C, Figure 6 – figure supplement 2). WT and β H160D cells did not differ in
338 eIF2 α phosphorylation levels, underlining the observation that the impairment of eIF2B
339 GEF activity caused by this mutation is sufficient to induce a constitutive ISR (Figure 6C,
340 Figure 6 – figure supplement 3A-B).

341

342 Phenotypically, the constitutive ISR activation was accompanied by slow cell growth: cell
343 doubling time increased from 25.7 \pm 3.6 h for WT cells to 38.4 \pm 3.5 h for β H160D (#1)
344 cells and could not be rescued by ISRIB treatment (Figure 6D, Figure 6 – figure
345 supplement 3C) .

346 **Discussion**

347 Here, we show that a single engineered H to D mutation in eIF2B β alters the
348 conformation of the eIF2B decamer, resulting in altered dissociation kinetics of substrate
349 eIF2, a ~three-fold reduction of intrinsic enzymatic activity, and resistance to ISRIB
350 rescue. In cells, this hypomorphic mutation culminates in a constitutively activated low-
351 level ISR. The structural, biochemical, and cellular changes resulting from the β H160D
352 mutation are evocative of the Inhibitor (eIF2-P) bound state of eIF2B ('I-State'). In
353 conjunction with our prior assessment of changes in eIF2B induced by eIF2 α -P binding,
354 these orthogonal data underscore how the conformational changes brought about by
355 eIF2 α -P binding govern ISR activation (A/I-State model) and that even the presence of
356 eIF2 α -P is dispensable as long as an I-State or I-State like conformation is maintained.

357

358 eIF2B is a far more dynamic complex than we realized just a year ago. Small molecules
359 (ISRIB and its derivatives), the natural substrate (eIF2), and viral proteins (SFSV NSs)
360 can stabilize eIF2B in its active A-State (Kashiwagi et al. 2021; Schoof, Wang, et al.
361 2021; Schoof et al. 2021; Zyryanova et al. 2021). Conversely, binding of the inhibitor
362 (eIF2-P) can compete with these molecules by shifting the decamer to the inhibited I-
363 State (Schoof et al. 2021; Zyryanova et al. 2021). Although the conformational
364 displacements induced by β H160D are in many aspects similar to those of the eIF2-P
365 bound I-State when compared to the A-State, they are not identical. While the cryo-EM
366 data show a comparable widening of the eIF2 α binding pocket, the movement of the β -
367 solenoid in eIF2B ϵ is less pronounced in β H160D decamers than in the eIF2-P bound I-
368 State (Figure 4 – figure supplement 2), likely because the rocking motion induced by
369 β H160D originates near the ISRIB pocket, not from the eIF2-P binding site. In addition,
370 despite extensive classification calculations, we did not recover single-particle images of
371 the β H160D complex belonging to the A-State, arguing against the idea that the β H160D
372 structure is a mixture of A-State and I-State structures. The β H160D decamer rather
373 represents a continuous distribution of conformations with a more restricted range of
374 motion compared to the WT decamer, and for which the average converges to an I-State
375 like model. Hence, acknowledging both similarities and differences to the I-State, we
376 refer to the conformation induced by β H160D as 'I-State like'.

377

378 The conformational changes brought about by eIF2-P binding result in a specific
379 enzymatic activity (quantified in the specificity constant k_{cat}/K_M) that is approximately 2

380 orders of magnitude reduced from that of the A-State (Schoof et al. 2021). By
381 comparison, the β H160D mutation causes the specificity constant to drop by only ~ 2 fold
382 (Figure 2). Nevertheless, despite the comparatively small change in eIF2B activity, the
383 mutation induces constitutive ISR activation, suggesting that cells are sensitive to small
384 fluctuations in eIF2B GEF activity. These numbers also tell us that there is still potential
385 for more robust ISR activation. Indeed, treating β H160D cells with relatively low amounts
386 (10 nM) of an eIF2-P inducing stressor like thapsigargin further enhances ATF4
387 translation (Figure 6A). The latter result also suggests that the mutation is compatible
388 with even more potent inhibition mediated by eIF2-P binding. This conclusion is further
389 supported by our 3D reconstructions and the SPR studies, which show that the β H160D
390 mutation does not appreciably affect eIF2-P binding.

391

392 We demonstrate that both intrinsic enzymatic activity and substrate (eIF2) binding are
393 affected in the I-State like β H160D decamer. It remains unclear how the conformational
394 changes in either this structure or that in the eIF2-P bound I-State (Schoof et al. 2021)
395 engender a reduced k_{cat} , especially given that β H160 is located far from the catalytic
396 center. Non-ideal positioning of substrate molecules that still engage an I-State or I-State
397 like decamer may explain the reduced rate of nucleotide exchange. Further speculation
398 regarding the mechanism is limited by a lack of structural data for certain critical regions.
399 The eIF2B ϵ catalytic domain is absent from all but the substrate (eIF2) bound structures.
400 The eIF2B ϵ linker, a known regulatory region connecting the catalytic domain to the core
401 of eIF2B ϵ , is similarly unresolved, as are the poorly understood C-terminal solenoid “ear
402 domains” of eIF2B γ (Welsh and Proud 1993). The conformation and positioning of these
403 and other regions may be affected during the ISR and play roles in regulation of eIF2B’s
404 activity that warrant further examination. With the recent discovery that eIF2B can
405 directly read out and respond to sugar phosphate levels, there may be a host of
406 functions and mechanisms of regulation for eIF2B still to be uncovered (Hao et al. 2021).

407

408 Our SPR data (Figure 3) demonstrate that the effects of the β H160D mutation on
409 substrate (eIF2) binding result from changes to the relative proportion of rapidly
410 dissociating eIF2 molecules. Substrate association, however, remains unaffected. The
411 biphasic dissociation behavior, usually observed for multivalent ligands due to avidity
412 effects, is not entirely unexpected. Substrate-bound structures of eIF2B decamer
413 previously revealed four binding interfaces (IF1-IF4) between eIF2 and eIF2B. Hence, it

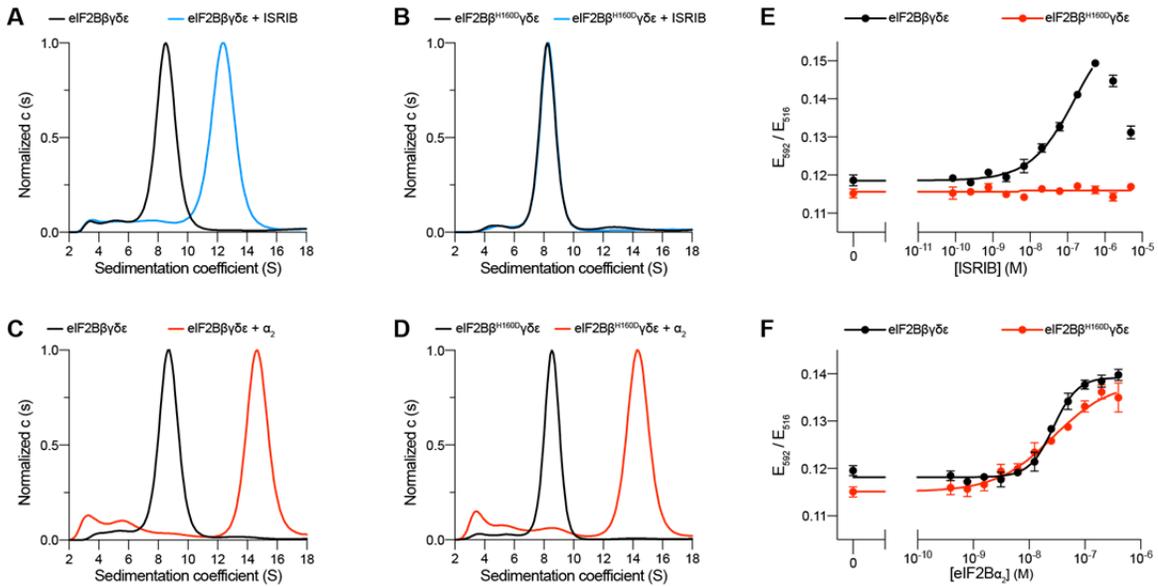
414 is possible that stochastic partial binding occurs for a fraction of substrate molecules
415 when the IF4 interface is too distant from IF3 for both to be engaged by eIF2. eIF2 α -P
416 binding (or the β H160D mutation) pulls IF4 away from IF3, increasing the probability of
417 this partially engaged binding mode, thus reducing the substrate binding affinity. Notably,
418 though, the biphasic dissociation is not observed for inhibitor (eIF2-P) binding, where
419 both association and dissociation can be fit to monophasic models. This observation
420 suggests greater conformational flexibility along the combinatorial eIF2 binding surfaces
421 than along the eIF2-P binding surfaces.

422

423 The β H160 residue is highly conserved amongst eukaryotes. To date, no variation has
424 been reported at this position in the human genome. However, the mechanism by which
425 the β H160D mutation impacts eIF2B activity raises the possibility that certain VWMD
426 mutations may likewise compromise eIF2B function through alteration of conformational
427 state. The disease-associated β E213G mutation (ClinVar VCV000004336), for example,
428 localized near the ISRIB pocket and far away from the catalytic center, reportedly does
429 not affect complex association but substantially reduces GEF activity (Li et al. 2004).
430 Understanding the precise mechanism of eIF2B inactivation in individual VWMD patients
431 may be critical for patient stratification and proper treatment. Although ISRIB is unable to
432 rescue the β H160D defect, it is plausible that other analogs (or molecules acting at a
433 different site) with higher affinities than ISRIB may be able to overcome the charge
434 repulsion and restore the A-State conformation, demonstrating the importance of
435 continued endeavors to uncover molecules and strategies to inhibit or activate the ISR
436 orthogonally.

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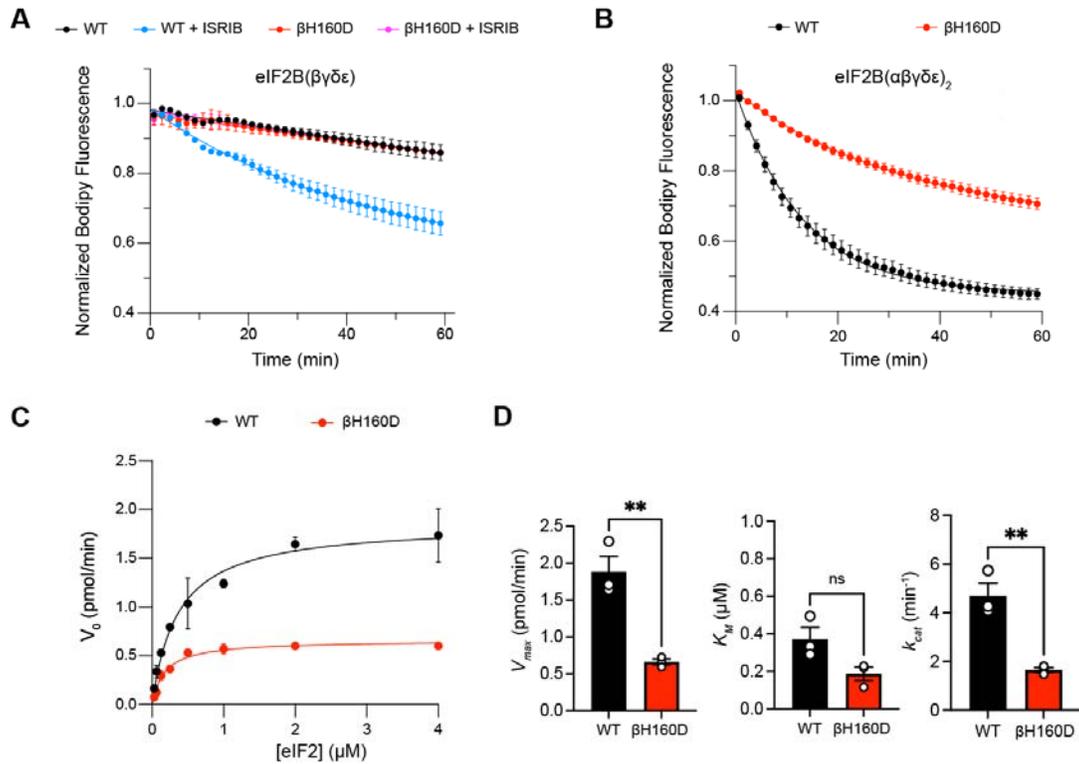
Figures



439
440

441 **Figure 1. The eIF2B βH160D mutation prevents octamer assembly but not decamer**
442 **assembly.**

443 **(A-D)** Characterization by analytical ultracentrifugation (sedimentation velocity) of (A)
444 500 nM eIF2Bβδγϵ +/- 1 μM ISRIB, (B) 500 nM eIF2Bβ^{H160D}δγϵ +/- 1 μM ISRIB, (C) 500
445 nM eIF2Bβδγϵ +/- 500 nM eIF2Bα₂, and (D) 500 nM eIF2Bβ^{H160D}δγϵ +/- 500 nM eIF2Bα₂.
446 The eIF2Bβδγϵ tetramer sediments with a sedimentation coefficient of ~8 S, the
447 eIF2B(βδγϵ)₂ octamer at ~12 S, and the eIF2B(αβδγϵ)₂ decamer at ~14 S. **(E-F)** FRET
448 signal (E₅₉₂/E₅₁₆) measured after 1 h of eIF2Bβδγϵ-F tetramers incubation with (E) ISRIB
449 or (F) eIF2Bα₂. For assembly by ISRIB, WT EC₅₀ = 170 ± 25 nM. For assembly by
450 eIF2Bα₂, WT EC₅₀ = 29 ± 3 nM and βH160D EC₅₀ = 33 ± 3 nM. WT and βH160D
451 eIF2Bβδγϵ-F tetramers at 50 nM throughout. For (E-F), representative replicate
452 averaging four technical replicates are shown. Biological replicates: n = 3. All error bars
453 and '±' designations are s.e.m.



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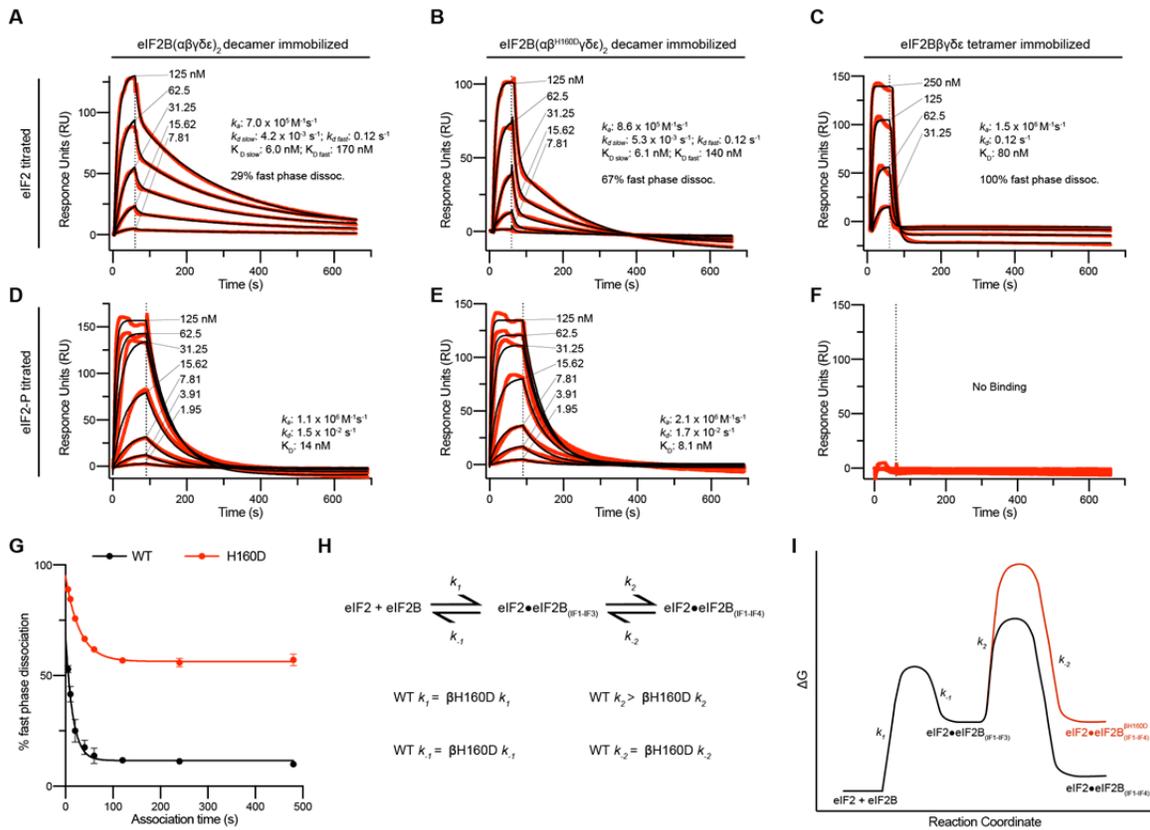
456 **Figure 2. The β H160D mutation impairs nucleotide exchange by the eIF2B**457 **holoenzyme.**458 **(A-B)** GEF activity of eIF2B as assessed by BODIPY-FL-GDP exchange on eIF2 using

459 (A) eIF2B tetramer (100 nM) and (B) eIF2B decamer (10 nM). For (A), ISRIB only

460 stimulates eIF2B guanine nucleotide exchange (GEF) activity for the WT tetramer ($t_{1/2} =$ 461 31.1 ± 1.47 min). In (B), the β H160D decamer has lower GEF activity ($t_{1/2} = 23.57 \pm 0.82$ 462 min) than WT decamer ($t_{1/2} = 9.28 \pm 0.96$ min)). **(C)** Michaelis-Menten fit of the initial

463 velocity of eIF2B-catalyzed nucleotide exchange as a function of eIF2 concentration (10

464 nM eIF2B decamer throughout). **(D)** Kinetic parameters of the Michaelis-Menten fit.465 β H160D decamers have ~3-fold reduced intrinsic enzymatic activity (WT $V_{max} = 1.86 \pm$ 466 0.13 pmol/min; β H160D $V_{max} = 0.66 \pm 0.03$ pmol/min; two-sided t-test $p = 0.0045$) and467 turnover number (WT $k_{cat} = 4.70 \pm 0.52$ min^{-1} ; β H160D $k_{cat} = 1.65 \pm 0.10$ min^{-1} ; two-sided468 t-test $p = 0.0045$). The K_M is not significantly different (WT $K_M = 0.36$ μ M \pm 0.09 μ M;469 β H160D $K_M = 0.18 \pm 0.03$ μ M; two-sided t-test $p = 0.07$). Biological replicates: $n = 2$ for470 (A), and $n = 3$ for (B-D). All error bars and ' \pm ' designations are s.e.m.



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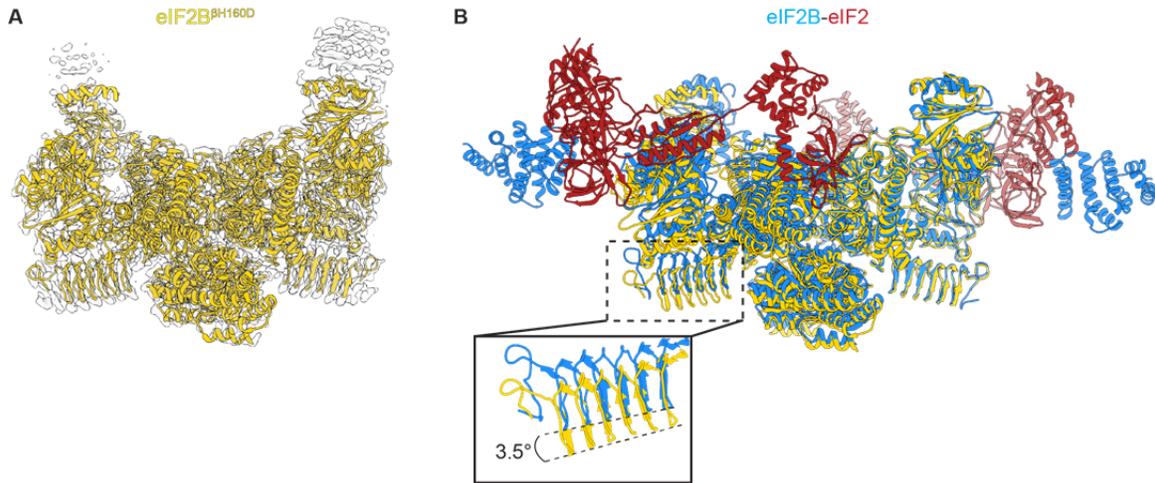
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488

Figure 3. Substrate (eIF2) binding to eIF2B is compromised by the β H160D mutation.

(A-F) SPR of immobilized (A and D) WT eIF2B decamer, (B and E) β H160D eIF2B decamer, and (C and F) WT eIF2B tetramer binding to 2-fold titrations of (A-C) eIF2 or (D-F) eIF2-P. For WT eIF2B decamer and β H160D eIF2B decamer, eIF2B α was Avi-tagged and biotinylated. For WT eIF2B tetramer, eIF2B β was Avi-tagged and biotinylated. Binding was modeled as one-phase association for (A-E), two-phase dissociation for (A-B), and one-phase dissociation for (C-E). (G) SPR of immobilized WT eIF2B decamer and β H160D eIF2B decamer was performed with eIF2 at 62.5 nM throughout and varied association time from 5-480 s. The dissociation kinetics were then modeled (individual traces shown in Figure 3 – figure supplement 1) and from this data percent fast phase dissociation was plotted as a function of association time with a single exponential fit. WT $t_{1/2} = 10.4$ s; β H160D $t_{1/2} = 20.7$ s. Percent fast phase dissociation is always higher for β H160D decamers vs. WT decamers and reaches an equilibrium at ~55% fast phase dissociation for β H160D decamers and ~11% fast phase dissociation for WT decamers. (H) Model reaction scheme of eIF2 engagement with eIF2B. k_1 , k_{-1} , and k_{-2} each are comparable for WT and β H160D decamers but WT $k_2 >$

489 β H160D k_2 . Based on the SPR data in Figure 3 A-C, $k_1 \sim 7.0 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$ and $k_{-1} \sim 0.12$
490 s^{-1} . k_2 is calculated under the assumption that slow phase dissociation represents the
491 combination of k_{-1} and k_2 dissociation. k_{-1} is fast phase dissociation, so $k_{-1} = k_{d \text{ fast}}$. Hence
492 from $k_{-1} * k_2 = k_{d \text{ slow}}$ we get that $0.12 \text{ s}^{-1} * k_2 = 5.3 \times 10^{-3} \text{ s}^{-1}$. Therefore $k_2 \sim 0.044 \text{ s}^{-1}$. (I)
493 Free energy profile of eIF2 engagement with eIF2B either in the WT (black) or β H160D
494 (black then red) context. Initial 3 interface engagement is energetically the same for
495 either WT or β H160D, but engagement with the 4th interface is disfavored in the β H160D
496 mutant. The free energy profile is drawn at sub saturating conditions. Given the percent
497 fast phase vs slow phase dissociation at equilibrium in Figure 1G we know that for WT,
498 $[\text{eIF2} \bullet \text{eIF2B}_{(\text{IF1-IF4})}] / [\text{eIF2} \bullet \text{eIF2B}_{(\text{IF1-IF3})}] \sim 8$ while for β H160D $[\text{eIF2} \bullet \text{eIF2B}_{(\text{IF1-IF4})}] /$
499 $[\text{eIF2} \bullet \text{eIF2B}_{(\text{IF1-IF3})}] \sim 1$. For (G), $n = 3$ biological replicates. All error bars and '±'
500 designations are s.e.m.



501

502 **Figure 4. Overall architecture of eIF2B^{βH160D}.**

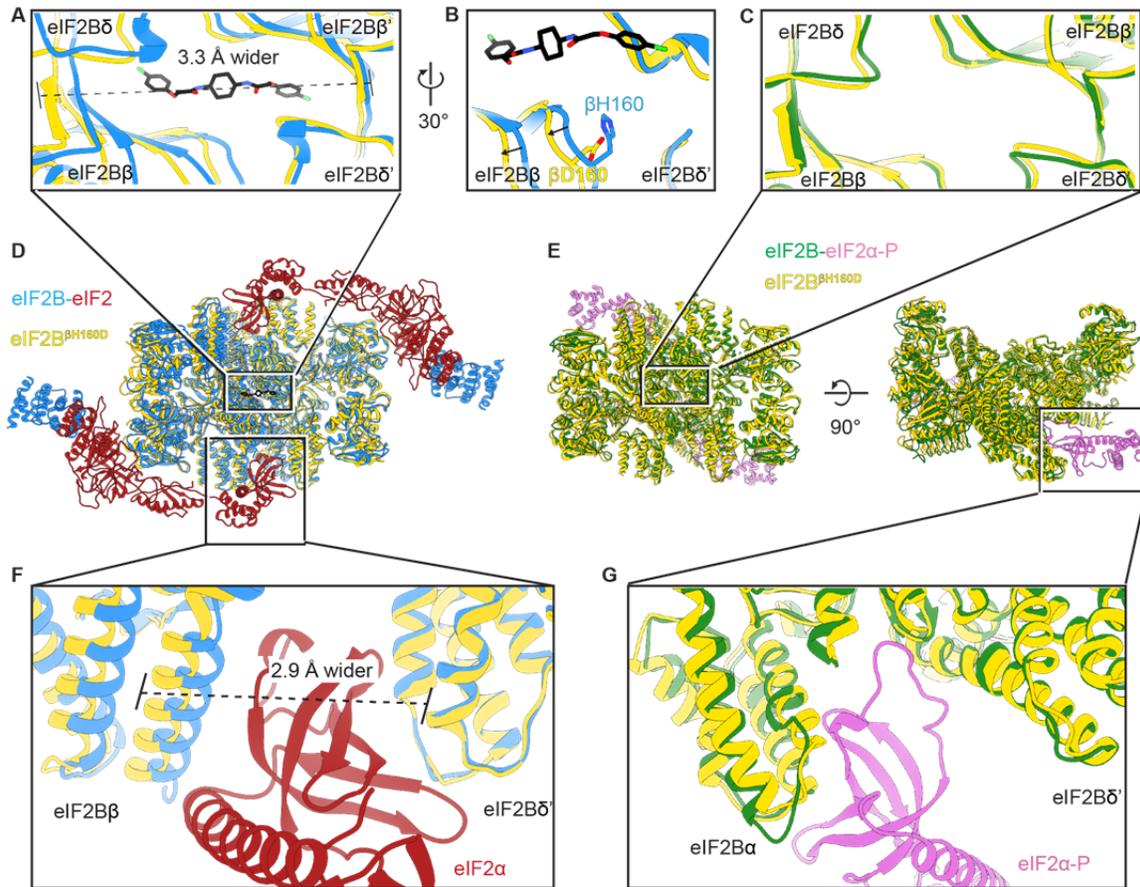
503 **(A)** Atomic model of eIF2B^{βH160D} decamer (yellow) superimposed into the cryo-EM map

504 (grey), showing the overall structure of the molecule. **(B)** Overlay of the eIF2B^{βH160D}

505 structure to the eIF2B-eIF2 structure (PDB ID: 6O81) shows a 3.5° hinge movement

506 between the two eIF2B halves. eIF2B^{βH160D} is shown in gold; eIF2B in the eIF2B-eIF2

507 structure in blue; eIF2 in red.



508

509

Figure 5. The β H160D mutation conformationally diminishes eIF2B activity.

510

(A) Overlay of the eIF2B ^{β H160D} structure to the eIF2B-eIF2 structure showing a ~ 3 Å

511

lengthening of the ISRIB-binding pocket in the eIF2B ^{β H160D} structure. The pocket

512

lengthening is measured between eIF2B δ and eIF2B δ' L482; the 'prime' indicates the

513

subunit of the opposing tetramer. ISRIB is shown in stick representation. **(B)** A rotated

514

view of panel (A) showing that in the eIF2B ^{β H160D} structure the loop bearing β D160

515

retracts from the opposite tetramer due to loss of some attractive interactions (for details,

516

see Figure 5 – figure supplement 1). **(C)** Overlay of the eIF2B ^{β H160D} structure to the

517

eIF2B-eIF2 α -P structure showing the similar dimensions of the ISRIB binding pockets.

518

(D) Zoom out of the overlay in panels (A), (B), and (F). **(E)** Zoom out of the overlay in

519

panel (C) and (G). **(F)** Overlay of the eIF2-bound eIF2B to eIF2B ^{β H160D} showing the 2.9 Å

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widening of the eIF2 α binding pocket induced by the β H160D mutation. The pocket

521

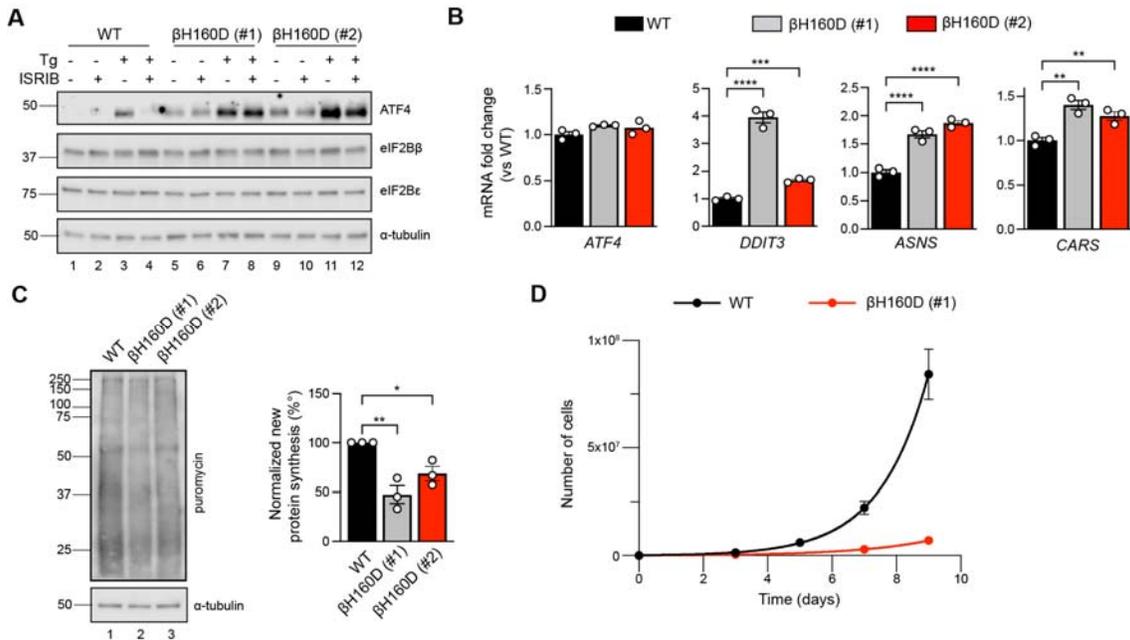
widening is measured between eIF2B β E139 and eIF2B δ' R250. **(G)** Overlay of the

522

eIF2 α -P-bound eIF2B to eIF2B ^{β H160D} showing the similar dimensions of the eIF2 α -P

523

binding pockets. Protein molecules are colored as in Figure 4. ISRIB is colored in CPK.

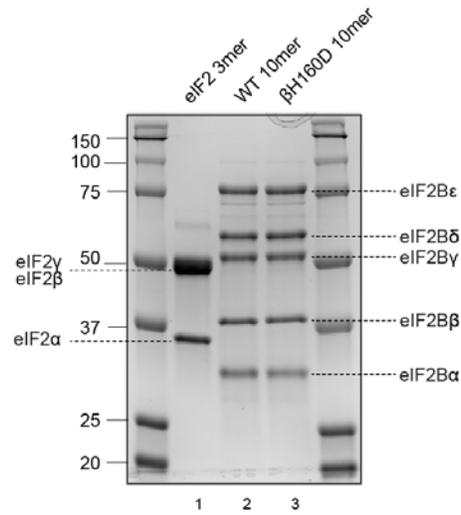


525

526 **Figure 6. The βH160D mutation spontaneously activates the ISR in cells.**

527 **(A)** Western blot of WT vs *EIF2B2*^{H160D} HEK293FTR cell lines (βH160D (#1) and
 528 βH160D (#2)) treated with and without stress (10 nM thapsigargin (Tg)) or ISRIB (200
 529 nM) for 1 h. eIF2B subunit levels do not differ between cell lines. ATF4 is constitutively
 530 produced in the βH160D cell lines (lanes 5 and 9, compare to lane 1), and its induction is
 531 ISRIB-insensitive (lanes 6, 8, 10, 12, compare with lane 4). α-tubulin serves as a loading
 532 control. **(B)** RT-qPCR for *ATF4* and *ATF4* transcriptional targets in untreated WT vs.
 533 βH160D cell lines. Transcript levels were normalized to *GAPDH* signal and fold changes
 534 were calculated with WT level set to 1. While there is no difference in *ATF4* transcript
 535 level, the *ATF4* target genes *DDIT3* (CHOP), *ASNS*, and *CARS* are significantly
 536 transcriptionally upregulated in the βH160D lines (one-way ANOVA with Dunnett post-
 537 hoc tests). **(C)** Puromycin incorporation assay for new protein synthesis. Left panel:
 538 representative blot of cell lysates treated with a 10 min puromycin pulse and blotted for
 539 puromycin (new protein synthesis) or tubulin (loading control). Right panel: quantification
 540 of puromycin incorporation. The puromycin signal is normalized to tubulin levels and set
 541 at 100% for WT. Both βH160D cells show a reduction of basal protein translation (one-
 542 way ANOVA with Dunnett post-hoc test, $p = 0.0026$ for WT vs βH160D (#1) and $p =$
 543 0.0288 for WT vs βH160D (#2)). **(D)** Growth curves showing that βH160D cells grow
 544 slower than WT cells (WT doubling time = 25.7 h, s.e.m. = 3.6 h; βH160D doubling time
 545 = 38.4 h, s.e.m. = 3.5 h).

546 All error bars and '±' designations are s.e.m. For (B, D) n = 3 biological replicates. For
547 (C), n = 3 biological replicates, each of which was the average of 3 technical replicate
548 transfers. * p<0.05, **p<0.01, ***p<0.001, ****p<0.0001.



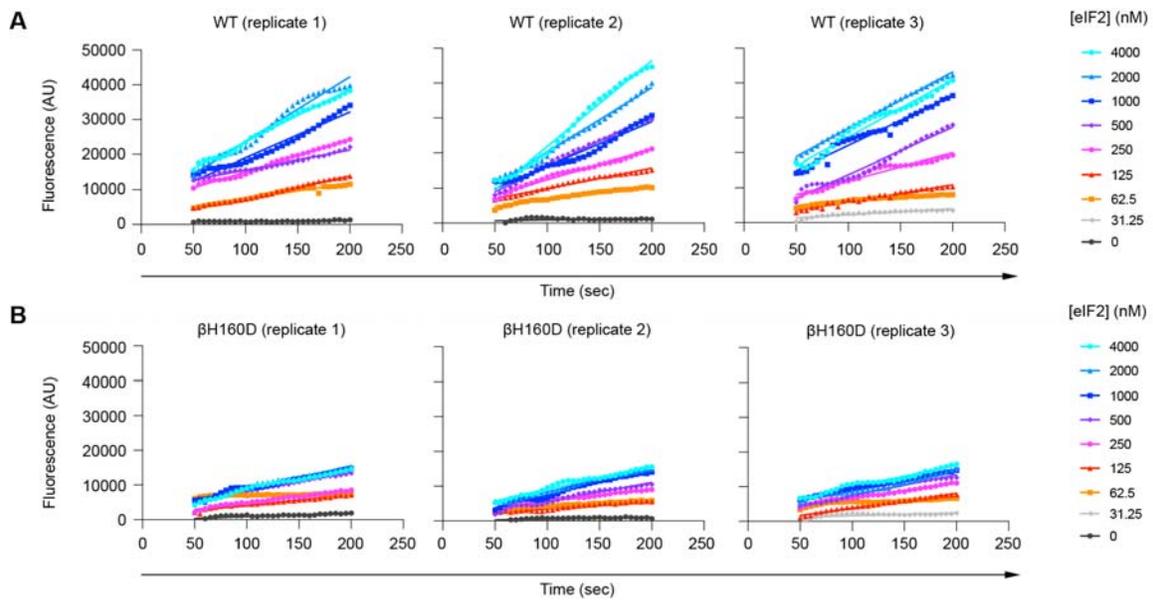
549

550 **Figure 1 – figure supplement 1. Coomassie-stained gel of purified proteins used in**
 551 **this study.**

552 Human eIF2 trimer was purified from mammalian cells (HEK293) (lane 1). WT and
 553 betaH160D eIF2B decamers (lane 2 and 3, resp.) were assembled from their respective
 554 tetramer (eIF2Bβδγϵ) and α-dimer (eIF2Bα₂), both purified from *E. coli*.

555

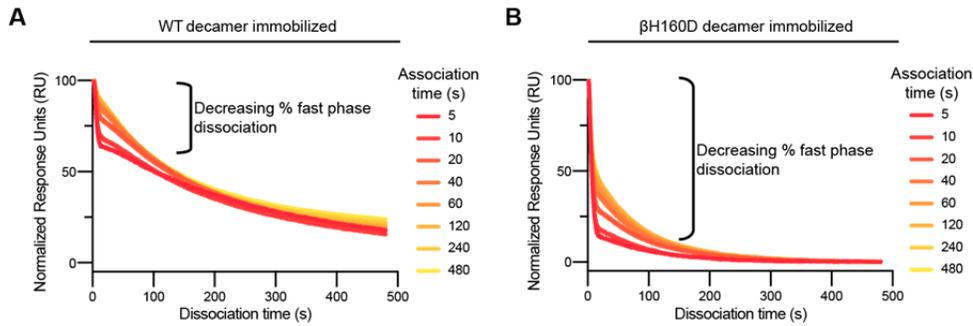
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557

558 **Figure 2 – figure supplement 1. The β H160D mutation decreases the initial velocity**
559 **of eIF2B’s guanine nucleotide exchange factor (GEF) activity.**

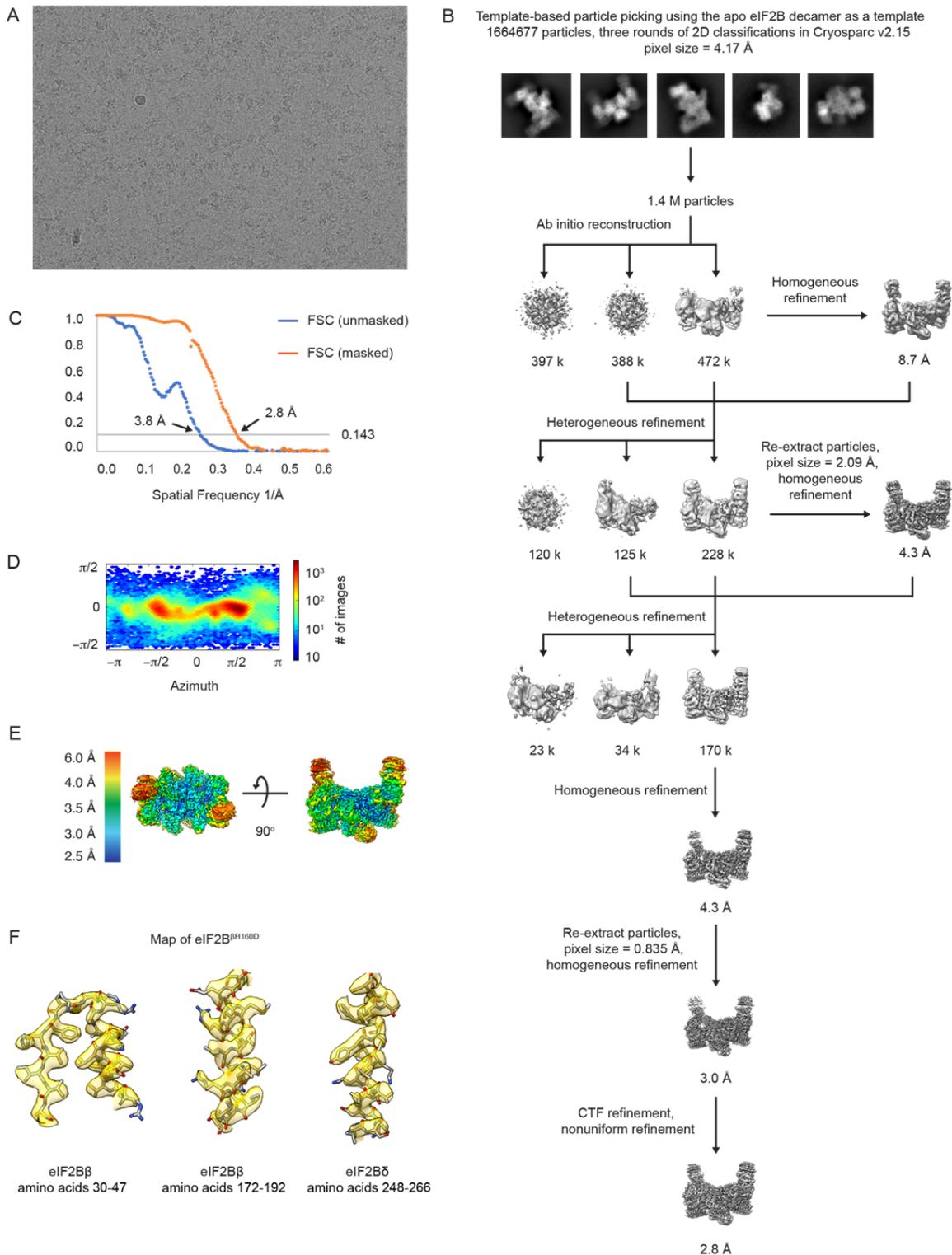
560 BODIPY-FL-GDP loading onto the eIF2 substrate by (A) WT and (B) β H160D eIF2B
561 decamer at varying eIF2 concentrations. Initial velocity was determined by a linear fit to
562 timepoints acquired from 50 to 200 s after addition of eIF2B. Individual replicates are
563 shown. AU = arbitrary units.



564

565 **Figure 3 – figure supplement 1. The β H160D mutation increases the fraction of**
 566 **eIF2 molecules that bind and then dissociate with fast phase kinetics.**

567 (A-B) Representative dissociation phase SPR traces for eIF2 binding to (A) WT eIF2B
 568 decamer or (B) β H160D eIF2B decamer after variable association times ranging from 5
 569 to 480 s. Curves were normalized to maximal signal at the beginning of the dissociation
 570 phase. For (A-B), n = 3 biological replicates. All error bars and ‘ \pm ’ designations are
 571 s.e.m.



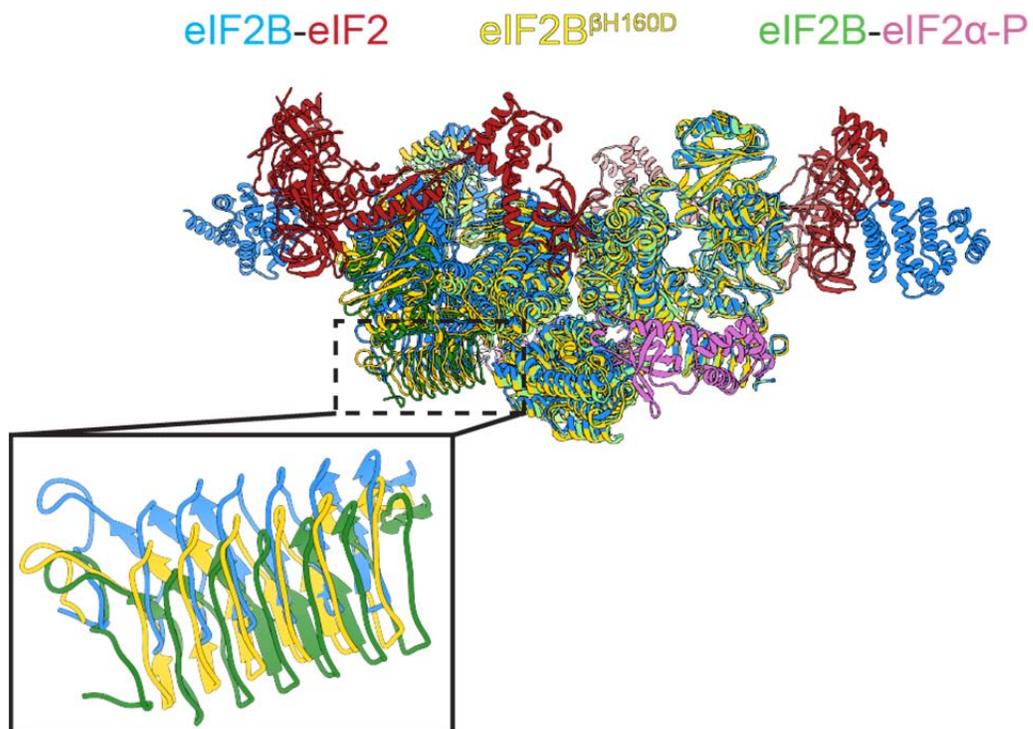
572

573 **Figure 4 – figure supplement 1. Cryo-EM data analysis of the eIF2B^{BH160D} structure.**

574 (A) Representative micrograph showing the quality of data used for the final

575 reconstruction of the eIF2B^{BH160D} structure. (B) Data processing scheme of the

576 eIF2B^{βH160D} structure. **(C)** Fourier shell correlation (FSC) plots of the 3D reconstructions
577 of eIF2B^{βH160D} unmasked (dark blue), masked (orange). **(D)** Orientation angle distribution
578 of the eIF2B^{βH160D} reconstruction. **(E)** Local resolution map of the eIF2B^{βH160D} structure.
579 **(F)** Electron microscopy maps of different regions of the eIF2B^{βH160D} structure showing
580 the quality of the data and the fit of the model.



581

582 **Figure 4 – figure supplement 2. Structure overlay of the A and I state models.**

583 Overlay of the A-state model (eIF2-eIF2B complex, PDB ID: 6O81) (blue), the I-State

584 model (eIF2α-P-eIF2B complex, PDB ID: 6O9Z) (green) and the I-State like model

585 (eIF2B^{βH160D}) (yellow) showing the rocking motion between the two tetrameric halves.

586 The inset shows a zoom-in view of the β-solenoid domain (residues 342 to 466) of

587 eIF2Bε. Compared to the βH160D mutation, eIF2α-P binding causes a greater rocking

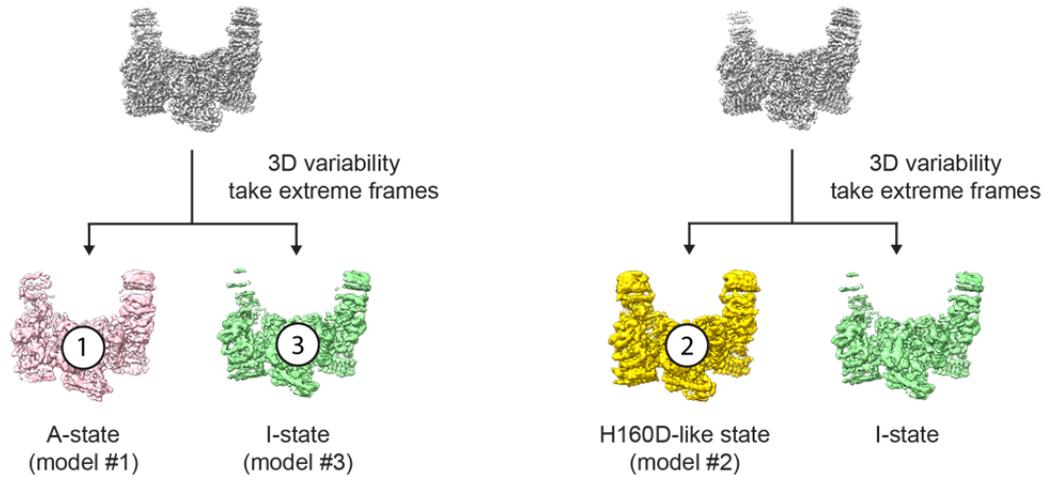
588 motion in eIF2B.

589

Step 1: Examining the range of motion

Apo (consensus), 205.8 k particles, 2.9 Å

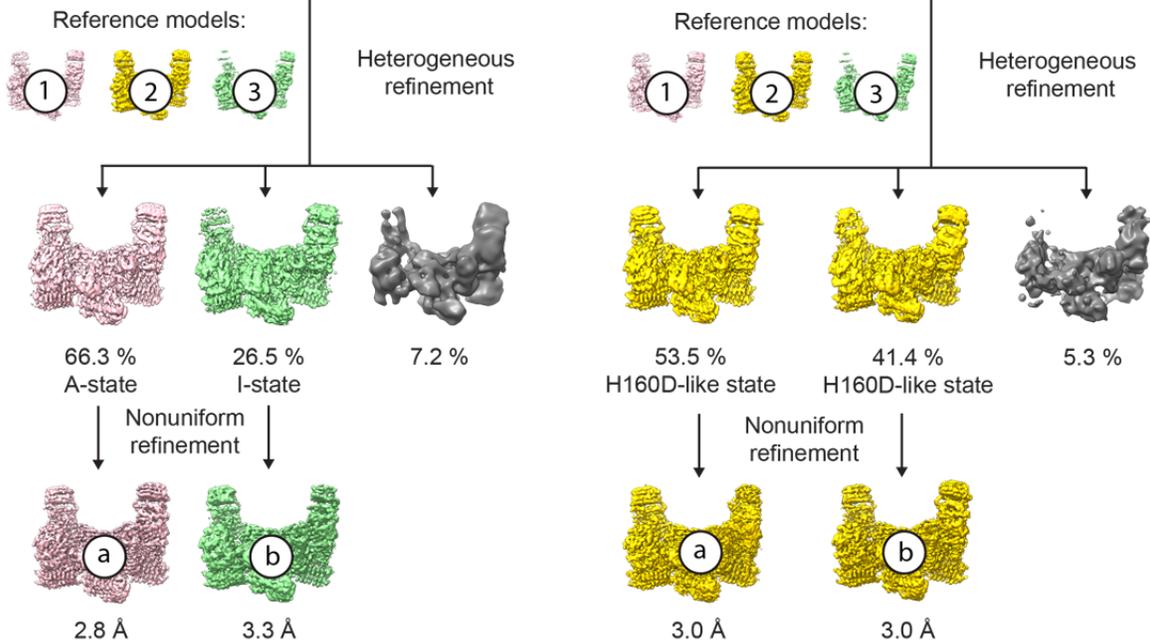
H160D (consensus), 170.2 k particles, 2.8 Å



Step 2: Classify

Apo, 205.8 k particles

H160D, 170.2 k particles



590
591

592 **Figure 4 – figure supplement 3. Cryo-EM analysis of the conformation and**
593 **594 dynamics of the WT decamer and the β H160D decamer – part 1.**

594 To understand how the β H160D mutation affects the conformation and dynamics of the
595 eIF2B decamer, a multi-step analysis of the cryo-EM data was performed to compare
596 the WT apo eIF2B decamer (abbreviated as “apo”; particles are from the consensus apo
597 eIF2B structure (Schoof et al. 2021)) to the β H160D decamer (abbreviated as “H160D”;
598 particles are from the consensus H160D structure in the current study).

599

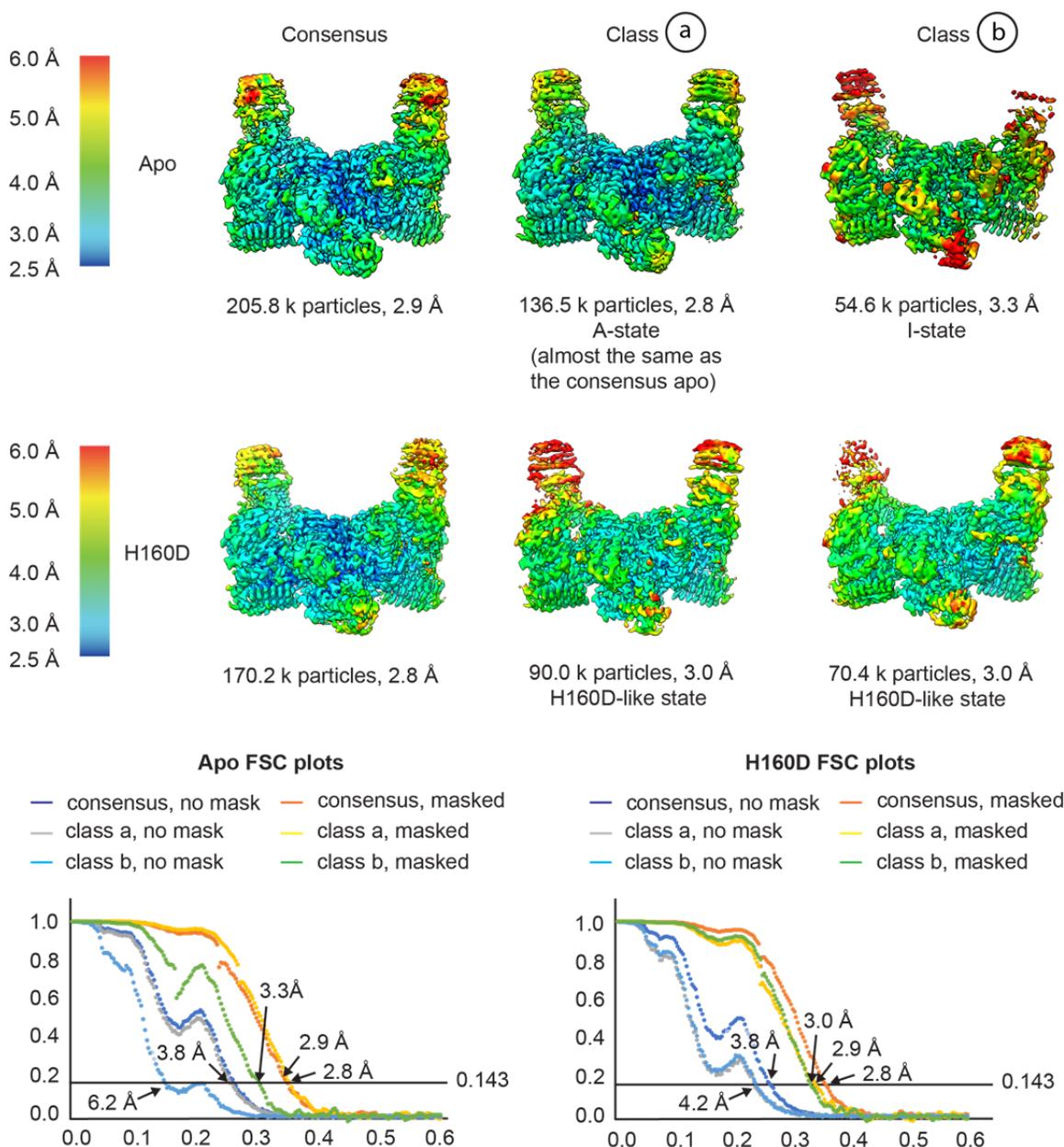
600 In **step 1**, we performed 3D variability analysis in cryoSPARC for the apo versus the
601 H160D to examine the range of rocking motion between the two tetrameric halves. 20
602 frames were generated for each structure to represent snapshots of the motion. The first
603 and the last frames represent the two extreme positions of this rocking motion. In the
604 apo structure, the molecule rocks between a state that is very close to the classic A-
605 state (number 1 in the figure) and a classic I-state (number 3 in the figure). In the H160D
606 structure, the molecule rocks between a state that is similar to the consensus H160D
607 state (number 2 in the figure) and a state that is similar to the classic I-state (also similar
608 to the I-state in the apo data). Therefore, H160D and apo both reach similar
609 conformations on the side of the I-state, but apo has a wider range of motion compared
610 to H160D.

611

612 Having established the range (by the 3D variability analysis) and the mean position of
613 this motion (the consensus structure) in both apo and H160D, we next determined the
614 particle distribution across these 3 states (1, 2 or 3) in the apo versus the H160D dataset.
615 In **step 2**, we performed heterogeneous refinement of the two datasets separately, using
616 the three models (indicated by numbers 1, 2 and 3 throughout this figure; all maps are
617 low pass filtered to 20 Å) obtained from step 1 as reference models. The apo dataset
618 separated into three classes: 66.3% of all particles went into a class that is similar to the
619 classic A-State (class a), and 26.5 % of all particles went into a class that is similar to the
620 classic I-State (class b), and a small percentage went into a third class that did not result
621 in a high resolution structure. In the H160D dataset, the majority of all particles went into
622 two classes (class a and class b), both of which are similar to the consensus H160D
623 structure.

624

Step 3: Examine local resolution of different classes



625 **Figure 4 – figure supplement 4. Cryo-EM analysis of the conformation and**
 626 **dynamics of the WT decamer and the β H160D decamer – part 2.**

627 Having finished the 3D classification, we then performed local resolution analysis to
 628 examine the quality of the density maps in **step 3** to investigate the potential for different
 629 subpopulations of particles within each dataset. As shown in **step 3**, in the apo structure,
 630 class a showed a slight improvement in overall resolution (2.8 Å for the class and 2.9 Å
 631 for the consensus), as well as improvements in local map quality in the flexible regions
 632 of the molecule (see the top of the “wings” in both these maps). Class b has a reduced

633 global resolution, local resolution around the flexible regions, as well as a worse FSC
634 profile (see the FSC plots). Class b could therefore either represent particles that are
635 more I-State like that got separated from the consensus structure, or particles that are
636 more damaged (as suggested by the worse FSC profile and the worse map quality in the
637 flexible regions). For the H160D dataset, classification resulted in two classes that are
638 both similar to the consensus structure (classes a and b) and both classes resulted in
639 worse overall resolution than the consensus (3.0 Å for both classes and 2.8 Å for the
640 consensus). The local resolution of the classes are also worse than the consensus
641 structure in flexible regions. This would suggest that the particles making up the H160D
642 dataset represent a continuous distribution of different conformations, as simply
643 separating them into multiple bins each with fewer particles worsened the map quality of
644 both classes.

645

646 Integrating the results from steps 1 to 3, it is likely that the apo dataset mainly consists of
647 A-State particles, and that the H160D mutation shifts the mean conformation of eIF2B
648 towards a state that is I-like. Also, there is no evidence suggesting that the H160D
649 dataset is a mixture of A- and I-State particles, but rather, particles within this dataset
650 most likely follow a continuous distribution.

651

Mixing analysis

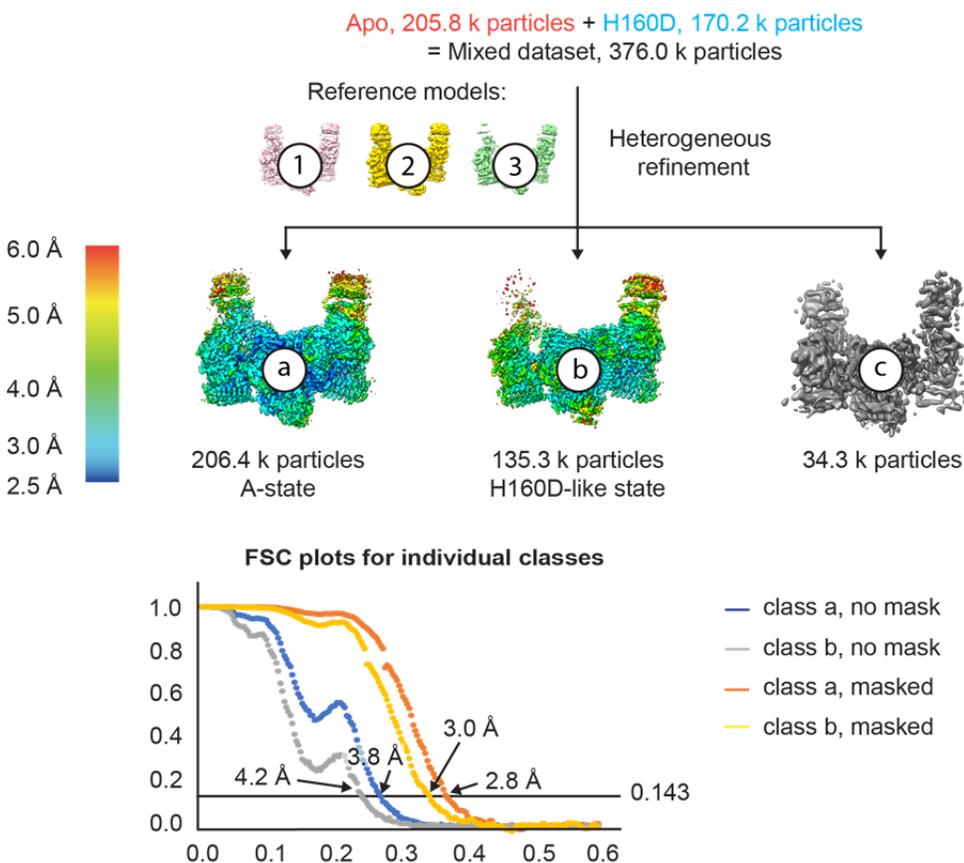


Table Classification result of the mixed dataset

Class	Total number of particles/k	Number of particles from the Apo dataset/k	Percentage of particles from the Apo dataset	Number of particles from the H160D dataset/k	Percentage of particles from the H160D dataset/%
(a)	206.4	156.2	75.9 %	50.3	29.6 %
(b)	135.3	38.2	18.6 %	97.1	57.1 %
(c)	34.3	11.4	5.5 %	22.9	13.5 %

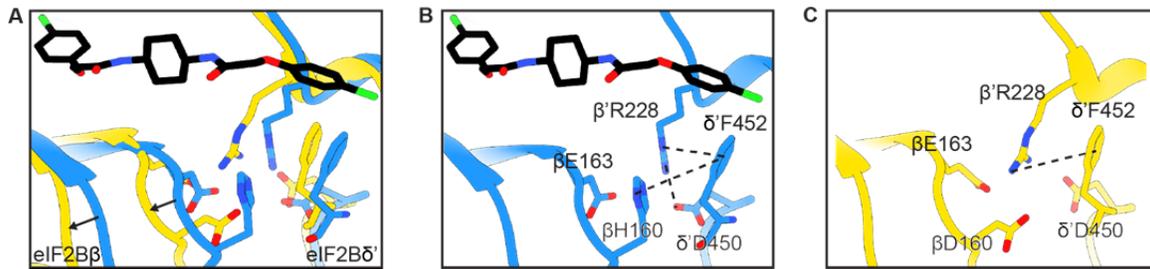
652

653 **Figure 4 – figure supplement 5. Cryo-EM analysis of the conformation and**
654 **dynamics of the WT decamer and the β H160D decamer – part 3.**

655 Finally, we performed an extra test to make sure that if a dataset is made up of similar
656 conformations, our cryo-EM analysis is indeed able to separate them into two classes. In
657 this test, we combined particle images from the apo dataset and the H160D dataset and
658 performed heterogeneous refinement using models 1, 2 and 3 from step 1. The results
659 show that most of the particles in the mixed dataset went into one of the two following
660 classes: a class that resembles the classic A-State (class a) and another class that
661 resembles the H160D State (class b). As shown in the table, consistent with the

662 heterogeneous classification results described above, 3D classification of the mixed
663 dataset separated the A- from the I-State, with the majority of A-State particles
664 originating from the apo dataset and the majority of the I-State particles originating from
665 the H160D dataset.
666

667

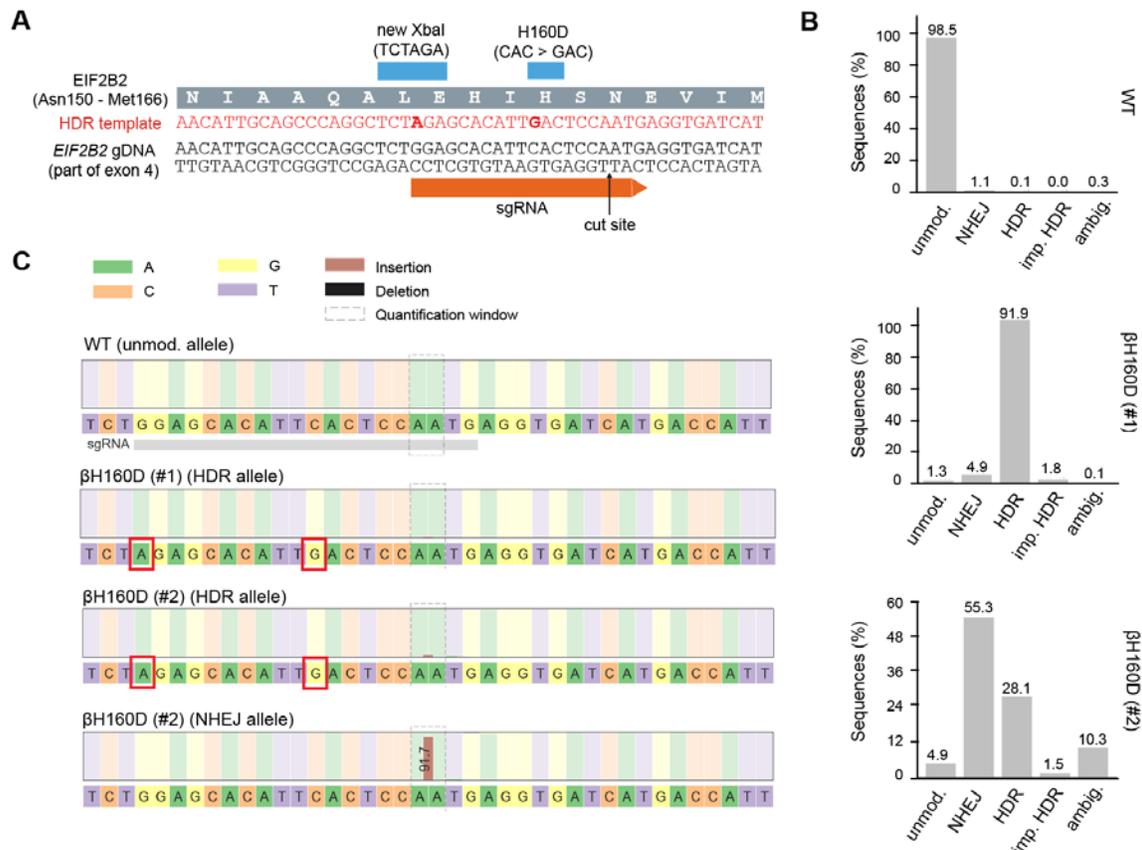


668

669 **Figure 5 – figures supplement 1. Structural details of the symmetry interface of the**
670 **WT versus β H160D decamer.**

671 (A) Zoomed-in view of the overlay of the $eIF2B^{\beta H160D}$ structure with the $eIF2B$ - $eIF2$
672 structure at the symmetry interface. The β H160D mutation causes the loop bearing
673 β D160 to move away from the opposite tetramer. Black arrows indicate the direction of
674 the movement. (B) Symmetry interface of the $eIF2B$ - $eIF2$ complex showing the network
675 of interactions. (C) Symmetry interface of the $eIF2B^{\beta H160D}$ structure showing the local
676 structural rearrangements. Each interaction is denoted with a dashed line. $eIF2B$ in the
677 $eIF2B$ - $eIF2$ complex is colored blue; $eIF2B^{\beta H160D}$ is colored in yellow, and ISRIB in CPK.
678

679
680

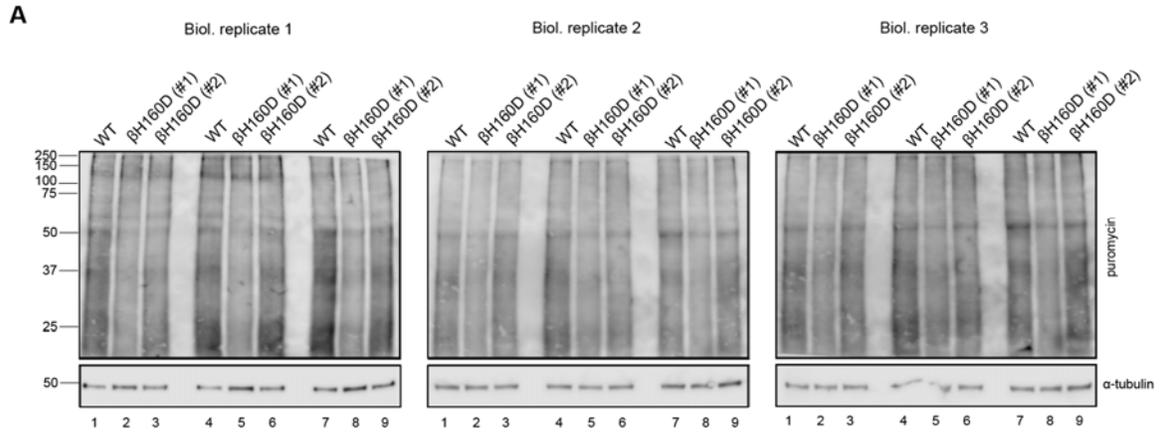


681

682 **Figure 6 – figure supplement 1. CRISPR-Cas9 editing of the endogenous *EIF2B2***
683 **gene with the β H160D mutation in HEK293FTR cells.**

684 (A) Editing strategy at target locus of exon 4 in *EIF2B2*. The guide RNA (sgRNA) directs
685 Cas9 for cleavage at a site close to the codon coding for H160. The provided homology-
686 directed repair (HDR) template introduces two basepair substitutions: one for the H160D
687 point mutation (CAC > GAC), and one silent mutation for restriction enzyme mediated
688 clone screening (new XbaI site). gDNA = genomic DNA. (B, C) Allele frequencies (B)
689 and sequences (C) at the *EIF2B2* target locus in WT cells and two β H160D clones as
690 determined by deep sequencing. For each cell line, 500,000 randomly-selected
691 sequenced reads were analyzed using the CRISPResso2 pipeline. For one clone,
692 β H160D (#1), >90% of reads matched the HDR template, indicating homozygous
693 editing. For the other clone, β H160D (#2), about 1/3 of reads matched the HDR
694 template, and about 2/3 of reads indicated non-homologous end-joining (NHEJ) with a
695 single A-base insertion, leading to a frameshift mutation and premature translation stop.
696 This suggests this clone is triploidic at the target locus, with a single correctly edited

697 allele and two knock-out alleles. Unmod. = unmodified, imp. = imperfect, ambig. =
698 ambiguous.
699

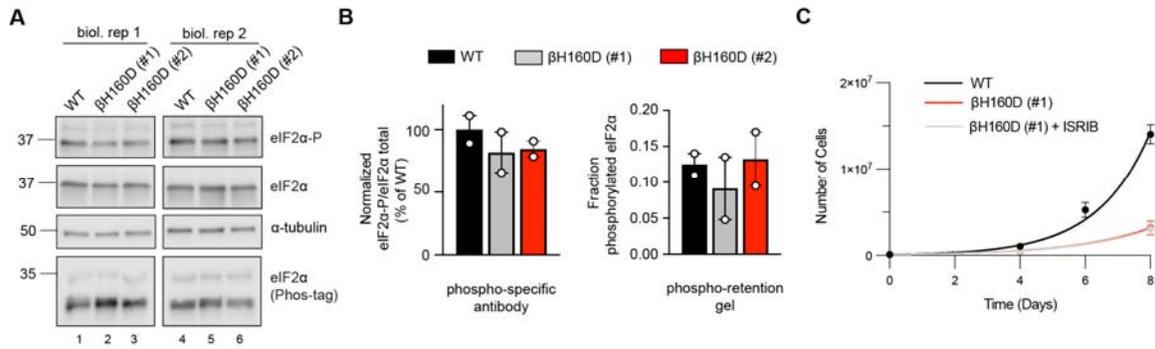


700

701 **Figure 6 – figure supplement 2. Cells with the β H160D mutation in the endogenous**
 702 ***EIF2B2* gene show reduced protein translation.**

703 Cells were treated for 10 min with puromycin and cell extracts analyzed by
 704 polyacrylamide electrophoresis followed by blotting and probing with anti-puromycin
 705 (new protein synthesis) or anti-tubulin (loading control) antibodies. Each puromycin
 706 incorporation blot represents an independent biological replicate loaded in triplicate to
 707 correct for efficiency variations during protein transfer. Equal total protein amounts were
 708 loaded in each lane.

709



710

711 **Figure 6 – figure supplement 3. The *EIF2B2*-H160D mutation does not alter**
 712 **phosphorylated eIF2α levels and is ISRIB resistant.**

713 (A) Western blot of untreated WT vs *EIF2B2*^{H160D} HEK293FTR cell lines (βH160D (#1)
 714 and βH160D (#2)), probing for phospho-eIF2α (S51) (upper row), total eIF2α (middle
 715 row), and eIF2α on Phos-tag phospho-retention gel (lower row). Both methods
 716 (phospho-specific antibody and phospho-retention on Phostag gels) reveal no major
 717 difference in basal phosphorylated eIF2 levels between cell lines. (B) Quantification of
 718 phosphorylated eIF2α on western blots in (A) using a phospho-specific antibody (left) or
 719 on a Phostag gel probed with anti-eIF2α antibody (right). Bars of the left graph represent
 720 the mean ratio of eIF2α-P/total eIF2α normalized to WT (n = 2), and differences are not
 721 significant (one-way ANOVA with Dunnett post-hoc test, p = 0.53 for WT vs βH160D (#1)
 722 and p = 0.61 for WT vs βH160D (#2)). Bars on the right graph represent the mean
 723 fraction of eIF2α that migrates slower in the Phostag gel (upper band/(upper band +
 724 lower band)) (n = 2). Also here, differences are not significant (one-way ANOVA with
 725 Dunnett post-hoc test, p = 0.76 for WT vs βH160D (#1) and p = 0.98 for WT vs βH160D
 726 (#2)). (C) Growth curves showing that the slow growth of βH160D cells cannot be
 727 rescued by ISRIB treatment (n = 3 biological replicates); WT doubling time = 26.8 ± 0.4
 728 h; βH160D (#1) doubling time = 39.6 ± 2.7 h; βH160D (#1) + ISRIB doubling time = 40.2
 729 ± 2.7 h). All error bars and ‘±’ designations are s.e.m.

730

731

Table 1

	eIF2 binding			eIF2-P binding		
	WT decamer	β H160D decamer	WT tetramer	WT decamer	β H160D decamer	WT tetramer
k_a ($M^{-1}s^{-1}$)	7.0×10^5	8.6×10^5	1.5×10^6	1.1×10^6	2.1×10^6	No binding
k_d (s^{-1})	slow: 4.2×10^{-3} fast: 0.12	slow: 5.3×10^{-3} fast: 0.12	0.12	1.5×10^{-2}	1.7×10^{-2}	No binding
K_D (nM)	slow: 6.0 fast: 170	slow: 6.1 fast: 140	80	14	8.1	No binding
% slow dissociation	71	33	0	NA	NA	No binding
% fast dissociation	29	67	100	NA	NA	No binding

732

733

734 **Table 2**

Structure	eIF2B ^{BH160D} (PDB ID: 7TRJ)
Data collection	
Microscope	Titan Krios
Voltage (keV)	300
Nominal magnification	105000x
Exposure navigation	Image shift
Electron dose (e ⁻ Å ⁻²)	67
Dose rate (e ⁻ /pixel/sec)	8
Detector	K3 summit
Pixel size (Å)	0.835
Defocus range (µm)	0.6-2.0
Micrographs	2269
Reconstruction	
Total extracted particles (no.)	1419483
Final particles (no.)	170244
Symmetry imposed	C1
FSC average resolution, masked (Å)	2.8
FSC average resolution, unmasked (Å)	3.8
Applied B-factor (Å)	81.7
Reconstruction package	Cryosparc 2.15
Refinement	
Protein residues	3234
Ligands	0
RMSD Bond lengths (Å)	0.003
RMSD Bond angles (°)	0.838
Ramachandran outliers (%)	0.13
Ramachandran allowed (%)	3.62
Ramachandran favored (%)	96.25
Poor rotamers (%)	6.92
CaBLAM outliers (%)	2.50
Molprobity score	2.40
Clash score (all atoms)	9.59
B-factors (protein)	100.54
B-factors (ligands)	N/A
EMRinger Score	2.52
Refinement package	Phenix 1.17.1-3660-000

735

736 **Table 3**

737

Antibody target	Host	Dilution	Manufacturer	Cat. number	Blocking Conditions
eIF2B β	Rabbit	1/1,000	ProteinTech	11034-1-AP	PBS-T + 3% milk
eIF2B ϵ	Mouse	1/1,000	Santa Cruz Biotechnology	sc-55558	PBS-T + 3% milk
ATF4	Rabbit	1/1,000	Cell Signaling	11815S	PBS-T + 3% milk
α -tubulin	Mouse	1/1,000	Cell Signaling	3873T	PBS-T + 3% milk
Puromycin	Mouse	1/10,000	Millipore	MABE343	PBS-T + 3% milk
eIF2 α	rabbit	1/1,000	Cell Signaling	5324S	PBS-T + 3% milk
eIF2 α -P (S51)	rabbit	1/1,000	Cell Signaling	9721S	PBS-T + 1% BSA

738

739 **Table 4**

Oligo	Sequence	Target gene
B002_F	TGCACCACCAACTGCTTAGC	<i>GAPDH</i>
B002_R	GGCATGGACTGTGGTCATGAG	<i>GAPDH</i>
D006_F	ATGACCGAAATGAGCTTCCTG	<i>ATF4</i>
D006_R	GCTGGAGAACCCATGAGGT	<i>ATF4</i>
D007_F	GGAAACAGAGTGGTCATTCCC	<i>DDIT3 (CHOP)</i>
D007_R	CTGCTTGAGCCGTTTATTCTC	<i>DDIT3 (CHOP)</i>
D070_F	GGAAGACAGCCCCGATTTACT	<i>ASNS</i>
D070_R	AGCACGAACTGTTGTAATGTCA	<i>ASNS</i>
D073_F	CCATGCAGACTCCACCTTTAC	<i>CARS</i>
D073_R	GCAATACCACGTCACCTTTTTTC	<i>CARS</i>
C001_F	ACTTTAAGCACATTAACCCTG	<i>EIF2B2</i>
C001_R	ACTTGATCTTCTCAGTGTCTC	<i>EIF2B2</i>
C015	t*G*CAAACCGTTCTTACAGAAGGGACAATGGAGAACATTGCA GCCCAGGCTCTAGAGCACATTGACTCCAATGAGGTGATCATGA CCATTGGCTTCTCCCGAACAGT	NA (ssODN)
C034_F	CGCGTAATGTGTGTTTGTGA	
C034_R	GCCTCTACTGTTCCGGGAGAA	
C036_F_ bcx	CAAGCAGAAGACGGCATAACGAGATxxxxxxGTGACTGGAGTTCA GACGTGTGCTCTTCCGATCTCGCGTAATGTGTGTTTGTGA	
C036_R	AATGATACGGCGACCACCGAGATCTACACTCTTCCCTACACG A	
C005_F	acaccgGGAGCACATTTCACTCCAATGg	
C005_R	aaaacCATTGGAGTGAATGTGCTCCcg	

740 * phosphorothioate bond.

741 x = barcode nucleotide, different for each clone

742 **Source Data**

743

744 **Figure 1 – source data 1.**

745 Raw data for AUC and FRET experiments. Sed Coeff = sedimentation coefficient.

746

747 **Figure 2 – source data 1.**

748 Raw data for nucleotide exchange assays.

749

750 **Figure 3 – source data 1.**

751 Raw data for SPR assays.

752

753 **Figure 6 – source data 1.**

754 Raw data for the western blots, qPCR, puromycin-incorporation assay, and cell growth.

755 Tg = thapsigargin. 7H9= homozygous β H160D clone (β H160D #1), H11= hemizygous

756 β H160D clone (β H160D #2). Rep = biological replicate.

757

758 **Figure 6 – source data 2.**

759 Original image files for western blots. Tg = thapsigargin. 7H9= homozygous β H160D

760 clone (β H160D #1), H11= hemizygous β H160D clone (β H160D #2).

761

762 **Figure 1 – figure supplement 1 – source data 1.**

763 Original image file for SDS-PAGE gel.

764

765 **Figure 2 – figure supplement 1 – source data 1.**

766 Raw data for Michaelis-Menten analysis of nucleotide exchange at various eIF2

767 concentrations. Rep = replicate.

768

769 **Figure 3 – figure supplement 1 – source data 1.**

770 Raw data for eIF2 binding assessed by SPR using varying association times. Dissoc =

771 dissociation.

772

773 **Figure 6 – figure supplement 2 – source data 1.**

774 Western blots of puromycin incorporation assays. 7H9= homozygous β H160D clone
775 (β H160D #1), H11= hemizygous β H160D clone (β H160D #2). Rep = replicate. Tub =
776 anti-tubulin antibody. Puro = anti-puromycin antibody.

777

778 **Figure 6 – figure supplement 2 – source data 2.**

779 Original image files for western blots of puromycin incorporation assays. 7H9=
780 homozygous β H160D clone (β H160D #1), H11= hemizygous β H160D clone (β H160D
781 #2).

782

783 **Figure 6 – figure supplement 3 – source data 1.**

784 Raw data for the western blots and Phostag blots, and cell growth assay. 7H9=
785 homozygous β H160D clone (β H160D #1), H11= hemizygous β H160D clone (β H160D
786 #2). Rep = biological replicate.

787

788 **Figure 6 – figure supplement 3 – source data 2.**

789 Original image files for western blots of eIF2 phosphorylation status. 7H9= homozygous
790 β H160D clone (β H160D #1), H11= hemizygous β H160D clone (β H160D #2).

791

792

793

794

795 **Materials and Methods**

796

797 **Cloning**

798 *eIF2B2* (encoding eIF2B β) and *eIF2B4* (encoding eIF2B δ) had previously been inserted
799 into sites 1 and 2 of pACYCDuet-1 and then further edited to include mNeonGreen and a
800 (GGGGS)₂ linker at the C-terminus of *eIF2B2* and mScarlet-i and a (GGGGS)₂ linker at
801 the C-terminus of *eIF2B4* (pMS029). In-Fusion HD cloning was used to edit this plasmid
802 further and insert the H160D mutation into *eIF2B2* (pMS114).

803

804 For CRISPR editing of the *EIF2B2* gene, guide RNAs were designed using the
805 Benchling CRISPR gRNA Design Tool, selecting the guide with the best on-target and
806 off-target scores, and the H160D mutation within 10 bp of the cut site. Cloning of the
807 guide into the guide expression plasmid (MLM3636, with human U6 promoter) was done
808 as previously described (Kwart et al. 2017). In brief, the guide RNA sequence was
809 synthesized as single stranded DNA oligos (C005_F and C005_R) that were first
810 annealed at 2 μ M in 1x annealing buffer (40 mM Tris-HCl pH 8.0, 20 mM MgCl₂, 50 mM
811 NaCl, 1 mM EDTA pH 8.0), for 5 min at 95°C followed by gradual decrease of -0.1°C/s to
812 25°C. The MLM3636 plasmid was digested using BsmBI (NEB) in NEB Buffer 3.1 for 2 h
813 at 55°C, and the 2.2 kb backbone was isolated from a 0.8% agarose gel with 1x SYBR
814 Safe, and purified using the NucleoSpin Gel and PCR cleanup kit (Macherey Nagel).
815 Backbone and annealed guide template were ligated for 1 h at room temperature using
816 T4 DNA Ligase (NEB), 100 ng backbone, 100 nM guide template, and 1x T4 DNA
817 Ligase buffer (NEB).

818

819 **Purification of human eIF2B subcomplexes**

820 Human eIF2B α_2 (pJT075), Avi-tagged eIF2B α_2 (pMS026), WT eIF2B $\beta\gamma\delta\epsilon$ (pJT073 and
821 pJT074 co-expression), eIF2B $\beta^{H160D}\gamma\delta\epsilon$ (pJT102 and pJT074), Avi-tagged eIF2B $\beta\gamma\delta\epsilon$
822 (pMS001 and pJT074 co-expression), WT eIF2B $\beta\delta\gamma\epsilon$ -F tetramers (pMS029 and pJT074
823 co-expression), and β H160D eIF2B $\beta\delta\gamma\epsilon$ -F tetramers (pMS114 and pJT074 co-
824 expression) were purified as previously described (Tsai et al. 2018; Schoof et al. 2021).

825

826 **Purification of heterotrimeric human eIF2**

827 Human eIF2 was purified as previously described (Wong et al. 2018). This material was
828 a generous gift of Calico Life Sciences LLC.

829

830 **Analytical ultracentrifugation**

831 Analytical ultracentrifugation (sedimentation velocity) experiments were performed as
832 previously described using the ProteomeLab XL-I system (Beckman Coulter) (Tsai et al.
833 2018). In brief, samples were loaded into cells in a buffer of 20 mM HEPES-KOH, pH
834 7.5, 150 mM KCl, 1 mM TCEP, and 5 mM MgCl₂. A buffer only reference control was
835 also loaded. Samples were then centrifuged in an AN-50 Ti rotor at 40,000 rpm at 20°C
836 and 280 nm absorbance was monitored. Subsequent data analysis was conducted with
837 Sedfit using a non-model-based continuous c(s) distribution.

838

839 ***In vitro* FRET assays**

840 *In vitro* FRET assays were performed as previously described (Schoof et al. 2021).

841

842 **Guanine nucleotide exchange assay**

843 *In vitro* detection of GDP binding to eIF2 was performed as described previously (Schoof
844 et al. 2021). As before, we first monitored the loading of fluorescent BODIPY-FL-GDP to
845 eIF2. Purified human eIF2 (100 nM) was incubated with 100 nM BODIPY-FL-GDP
846 (Thermo Fisher Scientific) in assay buffer (20 mM HEPES-KOH, pH 7.5, 100 mM KCl, 5
847 mM MgCl₂, 1 mM TCEP, and 1 mg/ml BSA) to a volume of 18 μl in 384 square-well
848 black-walled, clear-bottom polystyrene assay plates (Corning). For the assay buffer,
849 TCEP and BSA were always freshly added the day of the experiment. For the tetramer
850 GEF assays, a 10X GEF mix was prepared containing 1 μM eIF2Bβγδε tetramer (WT or
851 βH160D), 2% N-methyl-2-pyrrolidone (NMP), and with or without 10 μM ISRIB, again in
852 assay buffer. For the assay, 2 μl of the 10x GEF mix was spiked into the eIF2::BODIPY-
853 FL-GDP mix, bringing the final concentrations to 100 nM tetramer, 0.2% NMP and with
854 or without 1 μM ISRIB. Fluorescence intensity was recorded every 10 s for 40 s prior to
855 the 10X GEF mix spike, and after the spike for 60 min, using a Clariostar PLUS (BMG
856 LabTech) plate reader (excitation wavelength: 477 nm, bandwidth 14 nm; emission
857 wavelength: 525 nm, bandwidth: 30 nm).

858

859 For assays with eIF2B decamers (WT or βH160D), decamers were first assembled by
860 combining eIF2Bβγδε tetramer (WT or βH160D) with eIF2Bα₂ dimer in a 1:1 molar ratio
861 (a 2-fold excess of eIF2Bα₂ dimer compared to the number of eIF2B(βγδε)₂ octamers) at
862 room temperature for at least 30 min. The 10X GEF mix for decamer assays contained

863 100 nM eIF2B($\alpha\beta\gamma\delta\epsilon$)₂ decamer (WT or β H160D) in assay buffer. The ensuing steps
864 were performed as described for the GEF assays with tetramers. Immediately after the
865 loading assay, in the same wells, we spiked in unlabeled GDP to 1 mM to measure
866 unloading, again recording fluorescence intensities every 10s for 60 min as before.
867 These data were fit to a first-order exponential. For clarity, datapoints were averaged at
868 1 min intervals and then plotted as single datapoints in Figure 2.

869

870 **Michaelis-Menten kinetics**

871 The Michaelis-Menten kinetic analysis of eIF2B($\alpha\beta\gamma\delta\epsilon$)₂ decamer (WT or β H160D) GEF
872 activity was performed as described previously, with some minor modifications (Schoof
873 et al. 2021). Briefly, BODIPY-FL-GDP loading assays were performed as described
874 above, keeping final decamer concentrations at 10 nM, but varying substrate
875 concentration from 0 nM to 4 μ M. BODIPY-FL-GDP concentration was kept at 2 μ M
876 final. The initial velocity was determined by a linear fit to timepoints acquired at 5 s
877 intervals from 50 to 200 s after addition of decamer. To convert fluorescence intensities
878 to pmol substrate, the gain in signal after 60 min was plotted against eIF2 concentration
879 for the 31.5 nM – 1 μ M concentrations. V_{\max} and K_M were determined by fitting the initial
880 velocities as a function of eIF2 concentration to the Michaelis–Menten equation in
881 GraphPad Prism 9. For statistical comparisons of V_{\max} and K_M , we used a two-sided t-
882 test with $\alpha = 0.05$, comparing V_{\max} or K_M derived from the individual fit of each replicate
883 experiment.

884

885 **Affinity determination and variable association analysis by surface plasmon** 886 **resonance**

887 eIF2 and eIF2-P affinity determination experiments were performed on a Biacore T200
888 instrument (Cytiva Life Sciences) by capturing the biotinylated WT eIF2B decamer,
889 β H160D eIF2B decamer, and WT eIF2B tetramer at \sim 50nM on a Biotin CAPture Series
890 S sensor chip (Cytiva Life Sciences) to achieve maximum response (R_{\max}) of under
891 \sim 150 response units (RUs) upon eIF2 or eIF2-P binding. eIF2-P was prepared by mixing
892 5 μ M eIF2 in 50-fold excess of 100 nM PERK kinase and with 1 mM ATP. The mixture
893 was incubated at room temperature for 60 min before incubation on ice until dilution into
894 the titration series. 2-fold serial dilutions of purified eIF2 or eIF2-P were flowed over the
895 captured eIF2B complexes at 30 μ l / min for 60 seconds followed by 600 seconds of
896 dissociation flow. Following each cycle, the chip surface was regenerated with 3 M

897 guanidine hydrochloride. A running buffer of 20 mM HEPES-KOH, pH 7.5, 100 mM KCl,
898 5 mM MgCl₂, and 1 mM TCEP was used throughout. The resulting sensorgrams were fit
899 in GraphPad Prism 8.0. Association was fit for all species using the association then
900 dissociation model. For eIF2-P binding this model was used to fit dissociation as well.
901 For eIF2 binding, dissociation was fit using the two phase decay model. For eIF2 binding
902 to WT tetramer the data could be modeled with one phase association, one phase
903 dissociation kinetics by setting the percent fast phase dissociation to 100%. For variable
904 association experiments, WT and β H160D eIF2B decamer was immobilized as
905 described above. A solution containing 62.5 nM eIF2 was flowed over the captured
906 eIF2B for 5-480 s at 30 μ l / min to reach the equilibrium of % fast phase dissociation vs
907 % slow phase dissociation. Association was followed by 480 seconds of dissociation
908 flow. The dissociation phase was then fit in GraphPad Prism 8.0 using the two phase
909 decay model as described above.

910

911 **Generation of endogenous β H160D cells**

912 Editing of the *EIF2B2* gene to introduce the H160D mutation in HEK293Flp-In TRex
913 (HEK293FTR) cells was performed using CRISPR-Cas9 according to a previously
914 published protocol, with some minor modifications (Kwart et al. 2017). Cells were
915 seeded at 250,000 cells/well of a 12-well plate and grown for 24 h prior to transfection
916 with a PAGE-purified, phosphorothioate-protected single-stranded oligonucleotide donor
917 (ssODN) for homologous recombination (C015) (Renaud et al. 2016), a plasmid
918 containing Cas9-GFP, and a plasmid encoding the guide RNA (MLM3636-C005). The
919 100 nt ssODN was designed to simultaneously introduce the H160D missense mutation
920 (CAC to GAC), to add a silent XbaI restriction site at L156 (TCTGGA to TCTAGA), and
921 to block re-digestion by Cas9 after recombination. Transfection was done with Xtreme
922 Gene9 reagent according to the manufacturer's protocol, using a 3:1 ratio of reagent (μ l)
923 to DNA (μ g). Reagent-only and pCas9-GFP controls were included. Two days post
924 transfection, cells were trypsinized, washed twice in ice-cold filter-sterilized FACS buffer
925 (25 mM HEPES pH 7.0, 2 mM EDTA, 0.5% v/v fetal bovine serum, in 1x PBS), and
926 resuspended in FACS buffer with 400 ng/ml 7-AAD viability dye (Invitrogen) at around 1
927 million cells/ml in filter-capped FACS tubes. Single GFP⁺, 7-AAD⁻ cells were sorted into
928 recovery medium (a 1:1 mix of conditioned medium, and fresh medium with 20% fetal
929 bovine serum, 2 mM L-Glutamine, 1 mM sodium pyruvate, and 1x non-essential amino
930 acids) in single wells of 96-well plates using the Sony SH800 cell sorter. The survival

931 rate was around 2% after 2-3 weeks. Surviving clones were expanded and first screened
932 for correct editing by PCR and XbaI restriction digest. For this, genomic DNA was
933 isolated using the PureLink Genomic DNA mini kit (Invitrogen), and a 473 bp fragment of
934 the *EIF2B2* gene was amplified by PCR using 300 nM forward and reverse primers
935 (C001_F and C001_R), 300 µM dNTPs, 1x HF buffer, 100 ng genomic DNA / 100 µl
936 reaction and 2 U/100 µl reaction of KAPA HiFi polymerase for 3 min at 95°C; and 30
937 cycles of 98°C for 20 s, 68.9°C for 15 s, 72°C for 15 s, prior to cooling at 4°C. PCR
938 reactions were purified using NucleoSpin Gel and PCR cleanup kit (Macherey Nagel),
939 and HighPrep PCR Cleanup beads (MagBio Genomics) using the manufacturer's
940 instructions. Cleaned up products were digested using XbaI restriction enzyme (NEB) in
941 1x CutSmart buffer and run on a 1.5% agarose gel with 1x SYBR Safe (Invitrogen) and
942 100 bp DNA ladder (Promega). Clones with an XbaI restriction site were then deep
943 sequenced to confirm correct editing and zygosity. For this, the *EIF2B2* gene was
944 amplified by PCR using 300 nM forward and reverse primers (C034_F and C034_R),
945 300 µM dNTPs, 1x HF buffer, 100 ng genomic DNA / 100 µl reaction and 2 U/100 µl
946 reaction of KAPA HiFi polymerase for 3 min at 95°C; and 30 cycles of 98°C for 20 s,
947 64.9°C for 15 s, 72°C for 15 s, prior to cooling at 4°C. The 196 bp product was purified
948 from a 1.5% agarose gel with 1x SYBR Safe using NucleoSpin Gel and PCR cleanup kit
949 (Macherey Nagel), and HighPrep PCR Cleanup beads (MagBio Genomics) using the
950 manufacturer's instructions. A subsequent second PCR added the Illumina P5/P7
951 sequences and barcode for deep sequencing. For this, we used 15 ng purified PCR
952 product per 100 µl reaction, 300 nM forward and reverse primer (C036_F_bcx, and
953 C036_R), and 1x KAPA HiFi HotStart mix, for 3 min at 95°C, and 8 cycles of 20 s at
954 98°C, 15 s at 63.7°C, and 15 s at 72°C prior to cooling on ice. PCR reactions were
955 purified using HighPrep beads (MagBio Genomics), and amplicon quality and size
956 distribution was checked by chip electrophoresis (BioAnalyzer High Sensitivity kit,
957 Agilent). Samples were then sequenced on an Illumina MiSeq (150 bp paired-end), and
958 results were analyzed with CRISPResso (Pinello et al. 2016). All cell lines were negative
959 for mycoplasma contamination. Amplicon sequencing data was deposited in NCBI's
960 Sequence Read Archive (SRA) under accession number PRJNA821864.

961 .

962

963 **Growth Curves**

964 Cells were seeded at 100,000 cells/well of a 6-well plate and grown at 37°C and 5%
965 CO₂. At confluency, cells were trypsinized, expanded into larger plates, and counted.
966 This was repeated until the WT cells reached confluency in a T225 flask. For drug
967 treatment conditions (Figure 6 – figure supplement 3C), we used 500 nM ISRIB with
968 DMSO at a final concentration of 0.1% across conditions.

969

970 **Western Blotting**

971 Cells were seeded at 400,000 cells/well of a 6-well plate and grown at 37°C and 5% CO₂
972 for 24 h. For drug treatment, we used 10 nM thapsigargin (Tg) (Invitrogen) and 200 nM
973 ISRIB (made in-house) for 1 h, ensuring the final DMSO concentration was 0.1% across
974 all conditions. For the protein synthesis assay, puromycin was added to a final
975 concentration of 10 µg/ml for 10 min. Plates were put on ice, cells were washed once
976 with ice-cold phosphate-buffered saline (PBS), and then lysed in 150 µl ice-cold lysis
977 buffer (50 mM Tris-HCl pH 7.4, 150 mM NaCl, 1 mM EDTA, 1% v/v Triton X-100, 10%
978 v/v glycerol, 1x cOmplete protease inhibitor cocktail [Roche], and 1x PhosSTOP
979 [Roche]). Cells were scraped off, collected in an eppendorf tube, and put on a rotator for
980 30 min at 4°C. Debris was pelleted at 12,000 g for 20 min at 4°C, and supernatant was
981 removed to a new tube on ice. Protein concentration was measured using the
982 bicinchonic acid (BCA) assay. Within an experiment, total protein concentration was
983 normalized to the least concentrated sample (typically all values were within ~10%). A 5x
984 Laemmli loading buffer (250 mM Tris-HCl pH 6.8, 30% glycerol, 0.25% bromophenol
985 blue, 10% SDS, 5% β-mercaptoethanol) was added to each sample to 1x, and samples
986 were denatured at 95°C for 12 min, then cooled on ice. Wells of AnyKd Mini-PROTEAN
987 TGX precast protein gels (AnyKD, Bio-Rad) were loaded with equal amounts of total
988 protein (around 10 µg), in between Precision Plus Dual Color protein ladder (BioRad).
989 After electrophoresis, proteins were transferred onto a nitrocellulose membrane at 4°C,
990 and then blocked for 2 h at room temperature in PBS with 0.1% Tween (PBS-T) + 3%
991 milk (blocking buffer) while rocking. Primary antibody staining was performed with gentle
992 agitation at 4°C overnight using the conditions outlined in Table 3. After washing four
993 times in blocking buffer, secondary antibody staining was performed for 1 h at room
994 temperature using anti-rabbit HRP or anti-mouse HRP secondary antibodies (Promega,
995 1:10,000) in blocking buffer. Membranes were washed 3x in blocking buffer and then 1x
996 in PBS-T without milk. Chemiluminescent detection was performed using SuperSignal

997 West Dura or Femto HRP substrate (Thermo Fisher Scientific), and membranes were
998 imaged on a LI-COR Odyssey gel imager for 0.5–10 min depending on band intensity.
999

1000 For the phospho-retention blots, equal amounts of total protein lysates (around 10 µg)
1001 were loaded on 12.5% Supersep Phos-tag gels (Wako Chemicals) in between Wide-
1002 view III protein ladder (Wako Chemicals). After electrophoresis, the gel was washed 3x
1003 in transfer buffer with 10 mM EDTA prior to transfer onto nitrocellulose. Blocking,
1004 antibody staining and detection was performed as described above.

1005

1006 **RT-qPCR**

1007 Cells were seeded at 400,000 cells/well of a 12-well plate and grown at 37°C and 5%
1008 CO₂ for 24 h. The day of RNA extraction, medium was removed, and cells were lysed in
1009 350 µl TriZOL reagent (Invitrogen). All further handling was done in a fume hood
1010 decontaminated for the presence of RNAses using RNase ZAP (Invitrogen). Total RNA
1011 was isolated using the DirectZOL RNA miniprep kit (Zymo Research), including an on-
1012 column DNase digest, according to the manufacturer's instructions. RNA concentration
1013 was measured using Nanodrop. cDNA was synthesized using 600 ng input total RNA
1014 per 40 µl reaction with the iScript cDNA Synthesis Kit (BioRad), cycling for 5 min at
1015 25°C, 20 min at 46°C, and 1 min at 95°C. Samples were cooled and diluted 1/5 in
1016 Rnase-free water. qPCR reactions were set up with final 1x iQ SYBR Green supermix
1017 (BioRad), 400 nM each of Fw and Rev QPCR primers (see Table 4), 1/5 of the diluted
1018 cDNA reaction, and RNase-free water. No-template and no-reverse transcription
1019 reactions were included as controls. Reactions were run in triplicates as 10 µl reactions
1020 in 384-well plates on a BioRad CFX384 Thermocycler, for 3 min at 95°C, and then 40
1021 cycles of 95°C for 10 s and 60°C for 30 s, ending with heating from 55°C to 95°C in
1022 0.5°C increments for melting curve generation. C_qs and melting curves were calculated
1023 by the BioRad software. C_q values of technical replicates were averaged, and values
1024 were calculated with the $\Delta\Delta C_t$ method using *GAPDH* for reference gene normalization.
1025 Graph points reflect fold changes compared to WT vehicle, with bars being the mean +/-
1026 s.e.m. Statistical analysis was done using GraphPad Prism 9 on log-transformed values
1027 with ordinary one-way ANOVA and Dunnett's post-hoc test.

1028

1029 **Sample preparation for cryo-electron microscopy**

1030 Decameric eIF2B β^{H160D} was prepared by incubating 16 μM eIF2B $\beta^{H160D}\gamma\delta\epsilon$ with 8.32 μM
1031 eIF2B α_2 in a final solution containing 20 mM HEPES-KOH, 200 mM KCl, 5 mM MgCl_2 ,
1032 and 1 mM TCEP. This 8 μM eIF2B($\alpha\beta^{H160D}\gamma\delta\epsilon$) $_2$ sample was further diluted to 750 nM.
1033 For grid freezing, a 3 μl aliquot of the sample was applied onto the Quantifoil R 1.2/1/3
1034 400 mesh Gold grid and we waited for 30 s. A 0.5 μl aliquot of 0.1-0.2% Nonidet P-40
1035 substitute was added immediately before blotting. The entire blotting procedure was
1036 performed using Vitrobot (FEI) at 10 °C and 100% humidity.

1037

1038 **Electron microscopy data collection**

1039 Cryo-EM data was collected on a Titan Krios transmission electron microscope
1040 operating at 300 keV. Micrographs were acquired using a Gatan K3 direct electron
1041 detector. The total dose was 67 $\text{e}^-/\text{\AA}^2$, and 117 frames were recorded during a 5.9 s
1042 exposure. Data was collected at 105,000 x nominal magnification (0.835 $\text{\AA}/\text{pixel}$ at the
1043 specimen level), with a nominal defocus range of -0.6 to -2.0 μm .

1044

1045 **Image processing**

1046 The micrograph frames were aligned using MotionCor2 (Zheng et al. 2017). The contrast
1047 transfer function (CTF) parameters were estimated with GCTF (Zhang 2016). For the
1048 decameric eIF2B β^{H160D} , Particles were picked in Cryosparc v2.15 using the apo eIF2B
1049 (EMDB: 23209) as a template (Punjani et al. 2017; Schoof et al. 2021). Particles were
1050 extracted using an 80-pixel box size and classified in 2D. Classes that showed clear
1051 protein features were selected and extracted for ab initio reconstruction, followed by
1052 homogenous refinement. Particles belonging to the best class were then re-extracted
1053 with a pixel size of 2.09 \AA , and then subjected to homogeneous refinement, yielding a
1054 reconstruction of 4.25 \AA . These particles were subjected to another round of
1055 heterogeneous refinement followed by homogeneous refinement to generate a
1056 consensus reconstruction consisting of the best particles. These particles were re-
1057 extracted at a pixel size of 0.835 \AA . Then, CTF refinement was performed to correct for
1058 the per-particle CTF as well as beam tilt. A final round of nonuniform refinement yielded
1059 the final structure of 2.8 \AA .

1060

1061 **Atomic model building, refinement, and visualization**

1062 For the decameric eIF2B β^{H160D} , the previously published apo eIF2B model (PDB ID:
1063 7L70) was used as a starting model (Schoof et al. 2021). Each subunit was docked into

1064 the EM density individually and then subjected to rigid body refinement in Phenix
1065 (Adams et al. 2010). The models were then manually adjusted in Coot and then refined
1066 in phenix.real_space_refine using global minimization, secondary structure restraints,
1067 Ramachandran restraints, and local grid search (Emsley and Cowtan 2004). Then
1068 iterative cycles of manual rebuilding in Coot and phenix.real_space_refine were
1069 performed. The final model statistics were tabulated using Molprobit (Chen et al. 2010).
1070 Distances were calculated from the atomic models using UCSF Chimera (Pettersen et
1071 al. 2004). Molecular graphics and analyses were performed with the UCSF Chimera
1072 package. UCSF Chimera is developed by the Resource for Biocomputing, Visualization,
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1074 deposited into PDB under the accession code 7TRJ. The EM map is deposited into
1075 EMDDB under the accession code EMD-26098.

1076

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1093

1094 **Competing Interests**

1095 PW is an inventor on U.S. Patent 9708247 held by the Regents of the University of
1096 California that describes ISRIB and its analogs. Rights to the invention have been

1097 licensed by UCSF to Calico. For the remaining authors, no competing financial interests
1098 exist.

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